

### THE PATRIARCH OF MONKS

**H**ere is a question one may ask: WHICH IS MORE PLEASING TO GOD? SELF-DENIAL AND ISOLATION IN THE DESERT OR GOOD WORKS OF MERCY AMONG THE CROWDS? One can see value in each.

A man of prayer in the desert may think that without the solitude, one cannot do what is right. It would be too difficult to keep his heart pure and his mind fixed on God.

Conversely, someone who was doing good works among his fellow man, may feel that the desert-dweller is too occupied with his OWN salvation. This may come at the EXPENSE of his fellow man. We will never fully know, but our Church believes that BOTH are equally pleasing in the eyes of God. Both servants are perfect before our Maker.

One such pious example of SELF-DENIAL and ISOLATION is ST. ANTHONY THE GREAT, pictured on the bulletin today. Born in Egypt in the year 251 A.D., he lived to the advanced age of 105. His long lifespan was filled with service to the Lord as the "PATRIARCH OF MONASTIC LIFE." His good advice and wise counsel was sought by many. The Church Fathers wrote this about St. Anthony the Great: *"O Father Anthony, you imitated the zealous Elijah in your manner of living. You followed the straight path of John the Baptist and became a desert dweller. By prayer, you confirmed the Universe. Wherefore, intercede with Christ our God to save our souls."* Amen.

The Orthodox Weekly Bulletin . . . . . Vestal, Cliffwood, New Jersey . . . . . Litho in U.S.A.



*St. Anthony the Great*  
struggles with the devil in the desert



METROPOLIS OF NEW JERSEY

St. Sophia/SS. Faith, Hope & Agape  
Greek Orthodox Church of Valley Forge

900 South Trooper Road  
Jeffersonville, PA, 19403

Tel.: (610) 650-8960 • Fax: (610) 650-8961

[www.saintsophiachurch.org](http://www.saintsophiachurch.org) email: [office@saintsophiachurch.org](mailto:office@saintsophiachurch.org)

Sunday Worship: 8:45 am - Orthros: 10:00 am Divine Liturgy  
Office Hours - 10 am to 4 pm


Rev. Economos Peter J. Thornberg, Proistamenos  
[frpeter@saintsophiachurch.org](mailto:frpeter@saintsophiachurch.org)  
Metropolis of New Jersey





ST. SOPHIA PHILOPTOCHOS  
PRESENTS

# DONUTS and COCOA



**SUNDAY** **4** Join us with your Godparent, Godchild or Koumbari  
**FEBRUARY** and enjoy donuts, cocoa, coffee, tea or juice  
with your fellow parishioners

PROCEEDS BENEFIT THE CHARITIES OF THE LADIES PHILOPTOCHOS SOCIETY

## Epistle Reading

The reading is from St. Paul's Letter to the Ephesians 4:7-13

*Let your mercy, O Lord, be upon us.  
Verse: Rejoice in the Lord, O ye righteous.*

BRETHREN, grace was given to each of us according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he led a host of captives, and he gave gifts to men." (in saying, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is he who also ascended far above all the heavens, that he might fill all things.) And his gifts were that some should be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ.

**Ἀνάγνωσις ἐπιστολῆς  
Πρὸς Ἐφεσίους 4:7-13 τὸ ἀνάγνωσμα**

*Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς.  
Στίχ. Ἀγαλλιᾶσθε δίκαιοι ἐν Κυρίῳ*

Ἀδελφοί, ἐνὶ ἐκάστῳ ἡμῶν ἐδόθη ἡ χάρις κατὰ τὸ μέτρον τῆς δωρεᾶς τοῦ Χριστοῦ. Διὸ λέγει, Ἄναβας εἰς ὕψος ἠχμαλώτευσεν αἰχμαλωσίαν, καὶ ἔδωκεν δόματα τοῖς ἀνθρώποις. Τὸ δέ, Ἀνέβη, τί ἐστὶν εἰ μὴ ὅτι καὶ κατέβη πρῶτον εἰς τὰ κατώτερα μέρη τῆς γῆς; Ὁ καταβάς, αὐτὸς ἐστὶν καὶ ὁ ἀναβάς ὑπεράνω πάντων τῶν οὐρανῶν, ἵνα πληρώσῃ τὰ πάντα. Καὶ αὐτὸς ἔδωκεν τοὺς μὲν ἀποστόλους, τοὺς δὲ προφήτας, τοὺς δὲ εὐαγγελιστάς, τοὺς δὲ ποιμένας καὶ διδασκάλους, πρὸς τὸν καταρτισμὸν τῶν ἁγίων, εἰς ἔργον διακονίας, εἰς οἰκοδομὴν τοῦ σώματος τοῦ Χριστοῦ· μέχρι καταστήσωμεν οἱ πάντες εἰς τὴν ἐνότητα τῆς πίστεως καὶ τῆς ἐπιγνώσεως τοῦ υἱοῦ τοῦ θεοῦ, εἰς ἄνδρα τέλειον, εἰς μέτρον ἡλικίας τοῦ πληρώματος τοῦ Χριστοῦ.

**GOSPEL READING**  
**The Gospel According to Matthew 4:12-17**

At that time, when Jesus heard that John had been arrested, he withdrew into Galilee; and leaving Nazareth he went and dwelt in Capernaum by the sea, in the territory of Zebulun and Naphtali, that what was spoken by the prophet Isaiah might be fulfilled: "The land of Zebulun and the land of Naphtali, toward the sea, across the Jordan, Galilee of the Gentiles, the people who sat in darkness have seen a great light, and for those who sat in the region and shadow of death light has dawned." From that time Jesus began to preach, saying, "Repent, for the kingdom of heaven is at hand."

**ΕΥΑΓΓΕΛΙΟΝ**

**Ἐκ τοῦ Κατὰ Ματθαῖον 4:12-17 Εὐαγγελίου τὸ Ἀνάγνωσμα**

Τῷ καιρῷ ἐκείνῳ, ἀκούσας δὲ ὁ Ἰησοῦς ὅτι Ἰωάννης παρεδόθη, ἀνεχώρησεν εἰς τὴν Γαλιλαίαν, καὶ καταλιπὼν τὴν Ναζαρέτ ἐλθὼν κατώκησεν εἰς Καπερναοὺμ τὴν παραθαλασσίαν ἐν ὁρίοις Ζαβουλῶν καὶ Νεφθαλείμ, ἵνα πληρωθῇ τὸ ῥηθὲν διὰ Ἡσαΐου τοῦ προφήτου λέγοντος· γῆ Ζαβουλῶν καὶ γῆ Νεφθαλείμ, ὁδὸν θαλάσσης, πέραν τοῦ Ἰορδάνου, Γαλιλαία τῶν ἐθνῶν, ὁ λαὸς ὁ καθήμενος ἐν σκότειϊδε φῶς μέγα, καὶ τοῖς καθημένοις ἐν χώρᾳ καὶ σκιᾷ θανάτου φῶς ἀνέτειλεν αὐτοῖς. Ἀπὸ τότε ἤρξατο ὁ Ἰησοῦς κηρῦσσειν καὶ λέγειν· μετανοεῖτε· ἤγγικε γὰρ ἡ βασιλεία τῶν οὐρανῶν.

**2024 Ecclesiastical Calendars:** To save the Parish resources, 2024 Church calendars are available for pickup in the Narthex of the church and on the table outside of the Parish office. The calendars are available on a first- come, first-serve basis. **We respectfully request that each stewarding family take only 1 calendar per household.** Thank you!

**JANUARY 2024**

SUN	MON	TUE	WED	THU	FRI	SAT
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3

www.GrabCalendar.com



The Valley Forge Chapter 432 of AHEPA is sponsoring a Super Bowl Block Pool with proceeds to benefit the establishment of a local chapter scholarship fund.

Each block is \$10 – Please visit URL via browser.

<https://superbowlpoolsite.com/contest/515370?p=ahepavfc432>

Payments for each \$10 block can be made by cash or check made payable to – AHEPA VFC 432

Please, contact Chapter President – Matt Stolarczyk – [mattstolarczyk@cs.com](mailto:mattstolarczyk@cs.com) – (215)740-8841 - to purchase blocks and to make payment.

## January Poor Box Donations Thank you for considering a gift!

Please consider supporting the philanthropic outreach of our Church through the Philoptochos Poor Box located in the Pangari. Each month 100% of the donations are designated for a local charity.

Donations made to the Philoptochos Poor Box for January benefit Marvin's Home of Lansdale, which works with youth and young adults who have been homeless or have aged out of the foster care system. You can learn more about this worthwhile nonprofit at <https://www.marvinshome.org>. Please pray for the youth and young adults who have been helped by Marvin's Home as well as those who work on their behalf.

Please consider donating to this worthwhile charity at: <http://www.saintsophiachurch.org/poorboxdonations.html> or submit a check payable to St. Sophia Philoptochos and indicate Poor Box on the memo line. God bless you!



**Pan-Hellenic Scholarship:** Calling all exceptional undergraduate students of Hellenic descent--consider becoming a PanHellenic Scholar! Do you or an exceptional undergraduate student you know qualify to be a PanHellenic Scholar? The 2023/2024 application is now open and accepting applications! Application deadline **1/31/2024**. <https://www.panhellenicsf.org/apply>.

### THE NICENE CREED (The Confession of Faith)

I believe in one God, Father Almighty, Creator of heaven and earth, and of all things visible and invisible.

And in one Lord Jesus Christ, the only-begotten Son of God, begotten of the Father before all ages;

Light of Light, true God of true God, begotten, not created, of one essence with the Father, through Whom all things were made.

Who for us men and for our salvation came down from heaven and was incarnate of the Holy Spirit and the Virgin Mary and became man.

He was crucified for us under Pontius Pilate, and suffered and was buried;

And He rose on the third day, according to the Scriptures.

He ascended into heaven and is seated at the right hand of the Father;

And He will come again with glory to judge the living and the dead; His kingdom shall have no end.

And in the Holy Spirit, the Lord, the Creator of Life, Who proceeds from the Father, Who together with the Father and the Son is worshipped and glorified, Who spoke through the prophets.

In one holy, catholic, and apostolic Church.

I confess one baptism for the forgiveness of sins.

I look for the resurrection of the dead, and the life of the age to come.

Amen

## PRAYER MINISTRY



*"Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus." Philippians 4:6-7*

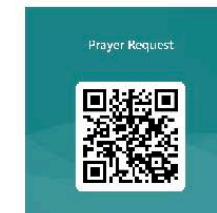
*"And whatever things you ask in prayer, believing you will receive." Matthew 21:22*

*"For with God, nothing will be impossible." Luke 1:37*

Clearly, there is nothing more powerful than the power of prayer. Imagine someone struggling or suffering and then having multiple people praying for them daily! Our "Prayer Warriors" do just that. They will pray for individuals added to the list daily for a period of 6 months.

If you know of someone in need, you can add them to our prayer list using one of the following methods:

1. Fill out a request form at the box found in the church narthex **OR**
2. Send an email to [Prayers@SaintSophiaChurch.org](mailto:Prayers@SaintSophiaChurch.org) **OR**
3. Use the anonymous online form (the link is found under Prayer Ministry on our website), or you can use this link <https://forms.office.com/r/kMx49JdptM> **OR**
4. Use the QR form below (also found on the box in the narthex) which takes you to the anonymous form.



### ENGLISH

Our Father, who art in heaven;  
hallowed be Thy name, Thy  
Kingdom come, Thy will be done,  
on earth as it is in heaven.

Give us this day our daily bread;  
and forgive us our trespasses, as  
we forgive those who trespass  
against us; and lead us not into  
temptation, but deliver us from  
evil.

### GREEK

Πάτερ ἡμῶν ὁ ἐν τοῖς οὐρανοῖς  
ἀγιασθήτω τό ὄνομά σου,  
ἐλθέτω ἡ βασιλεία σου,  
γενηθήτω τό θέλημά σου, ὡς  
ἐν οὐρανῷ καί ἐπί τῆς γῆς.

Τόν ἄρτον ἡμῶν τόν  
ἐπιούσιον δός ἡμῖν  
σήμερον καί ἄφες ἡμῖν τά  
ὀφειλήματα ἡμῶν, ὡς καί ἡμεῖς  
ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν καί  
μή εἰσενέγκῃς ἡμᾶς εἰς  
πειρασμόν, ἀλλά ῥῦσαι ἡμᾶς ἀπό  
τοῦ πονηροῦ.

## THE LORD'S PRAYER

### ENGLISH PHONETICS

Pá-ter i-món o en tis ou-ra-nís  
a-gi-as-thí-to to o-no-má Sou,  
el-thé-to I va-si-lí-a Sou,  
ge-ni-thí-to to thé-li-má Sou, os  
en ou-ra-nó ke e-pi tis ghis.

Ton ár-ton i-món ton  
e-pi-ou-si-on dos i-mín  
sí-me-ron ke á-fes i-mín ta  
o-fe-lí-ma-ta i-món, os ke i-mís  
a-fi-e-men tis o-fi-lé-tes i-món ke  
mi i-se-nég-kis i-más is  
pi-ras-món, al-la rí-se i-más a-pó  
tou po-ni-roú.

Phonetics by Dr. Christine Kerxhalli,  
[orthodoxtoday.wordpress.com](http://orthodoxtoday.wordpress.com)

ST. SOPHIA PHILOPTOCHOS  
PRESENTS

*St. Basil*  
**BREAKFAST**  
**JANUARY 28, 2024**

PANCAKES  
SCRAMBLED EGGS  
SAUSAGE LINKS  
BACON  
CEREAL VARIETY  
COFFEE - JUICE - MILK

**\$12 Donation**

PROCEEDS BENEFIT  
SAINT BASIL ACADEMY IN GARRISON, NY

### Communion Prayers

*I believe and confess, Lord, that You are truly the Christ, the Son of the living God, Who came into the world to save sinners, of whom I am the first. I also believe that this is truly Your pure Body and that this is truly Your precious Blood. Therefore, I pray to You, have mercy upon me, and forgive my transgressions, voluntary and involuntary, in word and deed, in knowledge or in ignorance. And make me worthy, without condemnation, to partake of Your pure Mysteries for the remission of sins and for eternal life. Amen.*

*Behold, I approach for Divine Communion. O Maker, burn me not as I partake, For You are fire consuming the unworthy. But cleanse me from every stain.*

*O Son of God, receive me today as a partaker of Your mystical supper. For I will not speak of the mystery to Your enemies, nor will I give You a kiss, as did Judas. But like the thief, I confess to You: Remember me, Lord, in Your Kingdom.*

*Tremble, O man, as you behold the divine Blood. It is a burning coal that sears the unworthy. The Body of God both deifies and nourishes me: It deifies the Spirit and wondrously nourishes the mind.*

*You have smitten me with yearning, O Christ, and by Your divine eros You have changed me. But burn up with spiritual fire my sins, and grant me to be filled with delight in You, so that, leaping for joy, I may magnify, O Good One, Your two comings.*

*How shall I, who am unworthy, enter into the splendor of Your saints? If I should dare to enter into the bridal chamber, my vesture will condemn me, since it is not a wedding garment; and being bound up, I shall be cast out by the angels. Cleanse, O Lord, the filth of my soul, and save me, as You are the one Who loves mankind. In Your love, Lord, cleanse my soul, and save me.*

*Master Who loves mankind, Lord Jesus Christ, my God, let not these Holy Gifts be to my judgment because I am unworthy, but rather for the purification and sanctification of both soul and body and the pledge of the life and Kingdom to come. It is good for me to cleave unto God and to place in Him the hope of my salvation.*

*O Son of God, receive me today as a partaker of Your mystical supper. For I will not speak of the mystery to Your enemies, nor will I give You a kiss, as did Judas. But like the thief, I confess to You: Remember me, Lord, in Your Kingdom.*

January 14, 2024

Leavetaking of the Theophany of Our Lord and Saviour Jesus Christ  
The Holy Fathers slain at Sinai and Raitho  
Plato the Hieromartyr, Bishop of Tallini and all Estonia,  
and the Priest Martyrs Michael and Nicholas  
Agnes the Virgin-martyr



**St. Sophia/Ss Faith, Hope & Agape Vigil Candle:** If you are interested in sponsoring a vigil candle, please see a Parish Council member at the Pangari – no advance signup necessary and several individuals or families can sponsor each week. The proceeds of these donations will go to our Mortgage Reduction Fund. Each vigil candle lasts one week; the asking donation is \$10.

**Memorial:** Today's memorial is chanted for the soul of Ekaterini Tsipras (3 years), beloved wife of Andreas and loving mother of Seraphim (Patricia) and Yiayia to Alexandra and Jacob. She was predeceased by her son Demetrios. May her memory be eternal.

**Coffee Hour:** Today's coffee hour is offered by Andreas Tsipras in memory of his beloved wife Ekaterini.

**Blessing of the Homes at Theophany:** If you wish to have your home and/or business blessed, please call or email the Parish office to put your name on the list for a visitation.

**Adult Ed:** The fourth and final adult catechism class in the "Growing in Faith" series will take place in the coming weeks. This is a beautiful opportunity to learn more about our Orthodox faith and how it can be applied to our daily life. In session 4 we will discuss Our Sacramental Duty - Confession, Holy Communion, Marriage (between a Man and Woman), Chrismation, Baptism, etc., What are the duties of the God Parents, etc. **Stay tuned for the date of this class.**

## SCHEDULE OF UPCOMING SERVICES AND EVENTS

Sun. Jan. 14 <sup>th</sup>	8:45 am 12:30 pm	Orthros; 10:00 am Divine Liturgy Greek School (Adults)
Wed. Jan. 17 <sup>th</sup>	5:00 pm	Little Angels
Thurs. Jan. 18 <sup>th</sup>	5:00 pm	Greek School (Children)
Fri. Jan. 19 <sup>th</sup>		National March for Life (bus leaves St. Sophia at 7:30 am)
Sun. Jan. 21 <sup>st</sup>	8:45 am 12:30 pm	Orthros; 10:00 am Divine Liturgy Greek School (Adults)
Wed. Jan. 24 <sup>th</sup>	5:00 pm	Little Angels
Thurs. Jan. 25 <sup>th</sup>	5:00 pm	Greek School (Children)
Sun. Jan. 28 <sup>th</sup>	8:45 am 12:30 pm	Orthros; 10:00 am Divine Liturgy Philoptochos Vasilopita & St. Basil Breakfast Fundraiser Greek School (Adults)
Fri. Feb. 2 <sup>nd</sup>	8:45 am	Orthros; 10:00 am Divine Liturgy Presentation of Our Lord in the Temple
Sun. Feb. 4 <sup>th</sup>	8:45 am	Orthros; 10:00 am Divine Liturgy Godparent Sunday -- Philoptochos Donuts & Cocoa

**HELP WANTED!** We are looking for friendly, welcoming faces to be part of our Pangari Team. You do NOT need to be a member of the Parish Council to serve Pangari duty. What you do need to do is welcome fellow parishioners, make change when they purchase candles, help with passing the collection tray, etc. It's a great way to serve the Parish and to learn more about how the Parish operates as you'll be serving next to existing Parish Council members. If you are interested, then please reach out to either Elaine Piligian (Parish secretary) or John Pogas.

**The Choir is Looking for New Members:** Can you sing? Do you play piano? The choir is looking to expand our membership. All are welcome to sit in on our rehearsals and/or Liturgies to learn more about our music and to see if the choir is right for you. Please call Tom Cox with questions ([215-859-1009](tel:215-859-1009)) or email him at [tcocox@myisolutions.com](mailto:tcocox@myisolutions.com). Thank you!







# HUMAN TRAFFICKING DID YOU KNOW...

HUMAN TRAFFICKING IS DEFINED BY UNITED STATES LAW AS THE USE OF FORCE, FRAUD, OR COERCION TO COMPEL A PERSON INTO COMMERCIAL SEX ACTS OR LABOR AGAINST THEIR WILL.

## THE VICTIMS

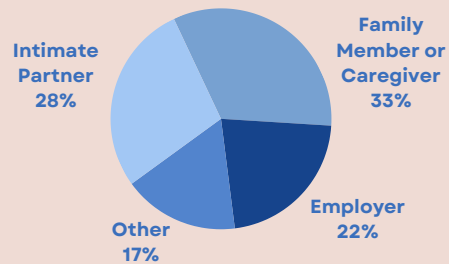
- Globally, **40 million people** are survivors of human trafficking, with **25%** being children.
- In the **US**, between **15,000 to 50,000 women and children** are forced into sexual slavery annually, although precise figures are hard to determine.
- The **US** stands as one of the primary destinations for survivors of trafficking.
- Approximately over **50%** of coerced trafficking victims are aged **between 12 & 15**.
- A significant **68%** of trafficked youth were targeted while homeless.
- Common tactics involve manipulating victims through false promises of jobs in entertainment or modeling, using recruitment, grooming, and deceptive romantic relationships.

## THE CRIME

- Human trafficking globally **generates \$150 billion annually**.
- Unlike drugs that are sold once, individuals can be **repeatedly sold** for sexual acts.
- **A commercial sex act** involves exchanging something of value (money, food, drugs, shelter) for sexual activity.

**REMINDER: JANUARY IS HUMAN TRAFFICKING MONTH**

## POLARIS PROJECT



According to the Polaris Project, trafficking survivors were generally recruited by someone they knew - such as a **family member or caregiver (33%), an intimate partner (28%), or an employer (22%)**.

## THE CIRCUMSTANCES

- December 2022 data from HUD shows **582,462 homeless** individuals in the US and territories, at risk of human trafficking.
- Traffickers target those facing **economic struggles or lacking strong social support**.
- The **internet** is a primary recruitment avenue for both labor and sex trafficking.
- **Traffickers exploit social media** for recruitment, to expand operations, and to manipulate victims by limiting their online access or spreading falsehoods about them.

Survivors are using social media to **seek help, create supportive networks, build communities, and become leaders** in survivor advocacy.

## RESOURCES:

- THE NATIONAL HUMAN TRAFFICKING HOTLINE ([WWW.HUMANTRAFFICKINGHOTLINE.ORG](http://WWW.HUMANTRAFFICKINGHOTLINE.ORG)) - DEPARTMENT OF HEALTH AND HUMAN SERVICES
- POLARIS PROJECT ([WWW.POLARISPROJECT.ORG](http://WWW.POLARISPROJECT.ORG))
- DEPARTMENT OF HOMELAND SECURITY - BLUE CAMPAIGN ([WWW.DHS.GOV/BLUE-CAMPAIGN](http://WWW.DHS.GOV/BLUE-CAMPAIGN))
- UNITED NATIONS - OFFICE OF DRUGS AND CRIME ([WWW.UNODC.ORG](http://WWW.UNODC.ORG))

**THE NATIONAL HUMAN TRAFFICKING RESOURCE CENTER: 1-888-373-7888 OR TEXT HELP OR INFO: BEFREE (233733) WEBSITE: WWW.HUMANTRAFFICKINGHOTLINE.ORG**

# National March for Life - Friday, January 19, 2024



Once again, we are joining our Orthodox brothers and sisters in the annual March for Life Pilgrimage in Washington DC.

This is not a political issue. This is not healthcare. This is a matter of morality and following the teachings of The Church.

FACT - Even though Roe v Wade was overturned, the number of abortions annually is still well over 900,000 each year. We still live in a country that celebrates the wholesale slaughter of the unborn.

Bottom line – every abortion ends a unique life, fully human and unrepeatable, regardless of his/her ability to thrive outside of the womb. The teaching of the Apostles and witness of the Saints through the ages does not try to lighten the sting of what happens in an abortion.

**St. Basil writes, “Those who give potions for the destruction of the child conceived in the womb are murderers, as are those who take potions which kill the child.” (Letters, CLXXXVIII, Canon 8)**

This is a FREE event. Transportation has been paid for by anonymous donors.

We ask the following:

- 1) Please join us on January 19<sup>th</sup> for this very peaceful, prayerful, and spiritually moving event. A Service of Supplication for an End to Abortion will be offered on the National Mall by Hierarchs of our fellow Orthodox churches. This FREE event features inspiring speeches from pro-life leaders – sharing how to stay involved in the pro-life movement all year long. More importantly – it shows the leaders of our government that we care about life inside and outside the womb. We will leave St. Sophia at 7:30 AM and return the same evening.
- 2) If you cannot join us, please pray for the unborn as well as the salvation of the parents who are considering this unthinkable act.
- 3) Consider supporting the cost of the bus. Any amount is welcome.

**SEATING IS LIMITED!** Please contact John Pogas ASAP if you would like to participate in this important ministry.

[johnpogas@gmail.com](mailto:johnpogas@gmail.com)  
215-896-1963 (cell)