

March 13, 2022

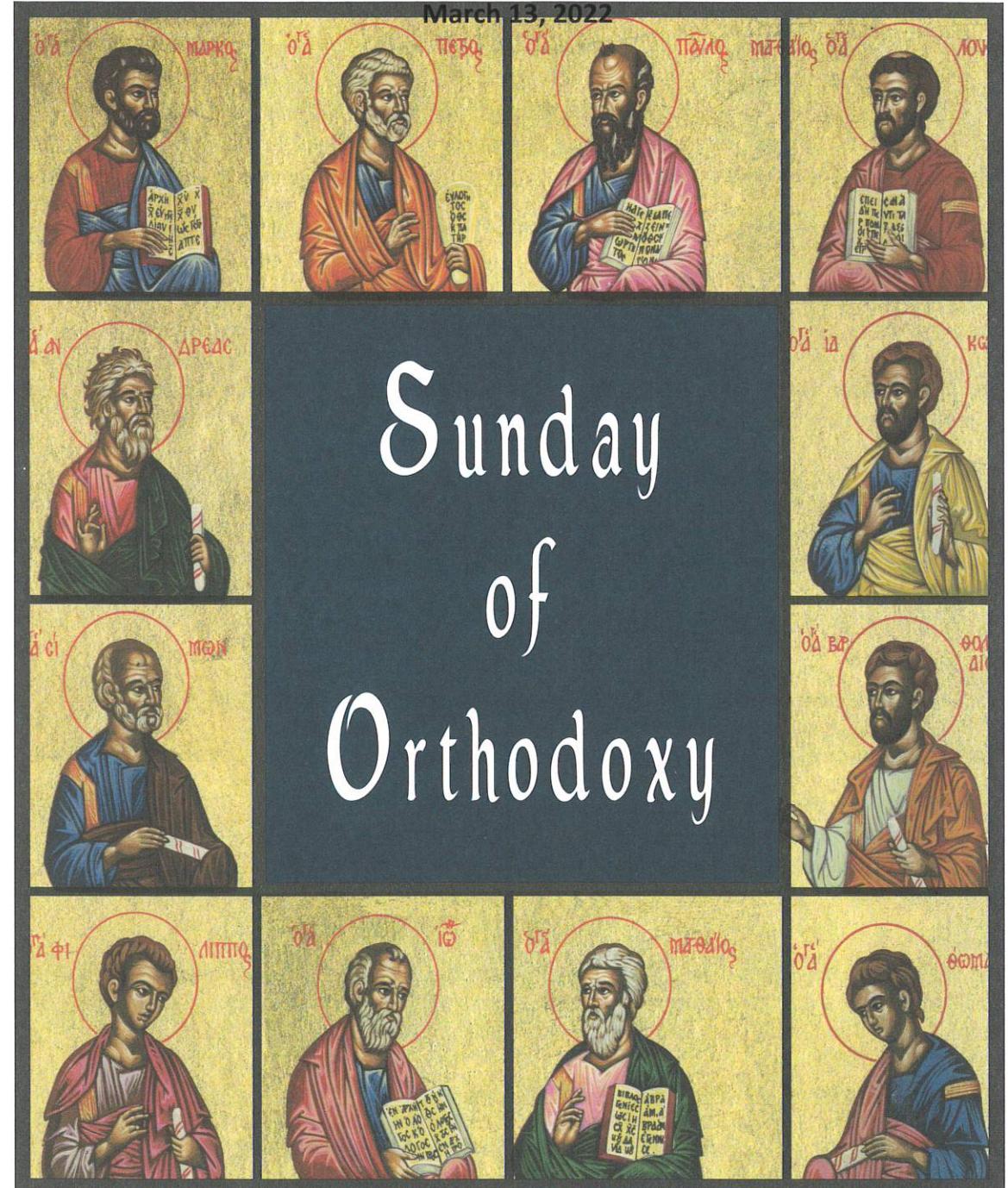
"WE VENERATE YOUR MOST-PURE IMAGE, O GOOD ONE"

Can you imagine walking into an Orthodox Church and **NOT** seeing any icons adorning the edifice? Can you visualize being told that icons could **NOT** be displayed in your own home? Indeed, there was a period in Church History when these preposterous suppositions were realities!

During the reign of Emperor Leo III (717 A.D. - 741 A.D.), the veneration of icons was deemed to be **IDOLATRY**. All such sacred images were ordered to be destroyed, and their defenders cast into prison. A bloody struggle broke out over this edict, and for over a century, the dispute raged, with both factions gaining control at various times. Finally, the iconoclasts were decisively defeated in 842 A.D. Through the efforts of the Empress Theodora and Patriarch Methodius I, the use and veneration of icons was restored. The day this blessed victory took place was the first Sunday of Lent, providing the basis for our annual liturgical celebration and procession with holy icons. We refer to this day as the **SUNDAY OF ORTHODOXY**, reminding us that the focal point of our celebration is the triumph of a **TRUTH** and **DOGMA** of the undivided Church.

One of the hymns from Matins on the First Sunday of Great Lent beautifully captures the spirit of the Church's position on holy icons: "Preserving the ancestral laws of the church, we depict images of Christ, His blessed mother and the saints. As we venerate them with our lips, we cry out from the depths of our hearts: Bless, O Lord, all the works of Your hands."

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**St. Sophia/SS. Faith, Hope & Agape
Greek Orthodox Church of Valley Forge**

900 South Trooper Road
Jeffersonville, PA, 19403

Tel.: (610) 650-8960 • Fax: (610) 650-8961

www.saintsophiachurch.org email: office@saintsophiachurch.org

Sunday Worship: 8:45 am - Orthros: 10:00 am Divine Liturgy
Office Hours - 10 am to 4 pm

Rev. Economos Peter J. Thornberg, Proistamenos
frpeter@saintsophiachurch.org
Metropolis of New Jersey



March 13, 2022
Sunday of Orthodoxy
Removal of the relics of Nicephorus, Patriarch of Constantinople
Pouplios the Martyr, Bishop of Athens
Christina the Martyr of Persia



ENTRANCE HYMNS

Apolytikion of the Feast – Tin achrandon Ikona Sou (“Your immaculate icon”)

We venerate Your immaculate icon, O good Lord, and entreat You to forgive our offences, O Christ our God. By Your own choice you were pleased to ascend the Cross in the flesh, to deliver us, whom You created, from our slavery to the foe. Therefore we cry to You with gratitude: You have filled all things with joy, O our Savior, by coming to save the world.

Resurrectional Apolytikion – Ton Sinanarhon Logon (“The Word Who Always Was”)

O, The Word Who always was with the Father and Spirit, who for us and our salvation was born of a Virgin let us faithful believers praise and adore, For it did please Him to ascend the Cross in the flesh and Death to endure. And to raise up the dead with Him through His own glorious Resurrection.

Apolytikion of St. Sophia/Ss. Faith, Hope & Agape

Greek

Ὁς ελαία κατά καρπος ανεβλάστησας, ἐν ταῖς ἀνλαῖς τοῦ Κυρίου, Σοφία μάρτυς σεμνή, καί προσήγαγες Χριστῷ καρπὸν ἢ δῦτατον, τοὺς τῆς νηδύος σου βλαστούς, δι’ α γώνων εὐαγῶν, Ἀγάπην τε καὶ Ἐλπίδα σὺν τῇ θεόφρονι Πίστει, μεθῶν δυσώπει υπέρ πάντων ἡμῶν.

English Phonetics for Greek

Os elea kata karpos anevlastisas, en tes avles tu Kyriou Sofia martys semni, ke prosigages Christo karpon idytaton, tus tis nidyos su vlastus, di’ agonon evagon, Agapin te ke Elpida, syn ti theofroni Pisti; meth’ on dysopi yper pandon imon.

English

As an olive tree laden with fruit you sprouted forth, in the courtyards of the Lord, Sophia martyr dignified, and you brought to Christ a fruit most sweet, Namely your womb’s own sprouts, brought up by instructive deeds: your daughters Love and Hope, along with God-minded Faith; together intercede with God for us all.

Seasonal Kontakion – Ti ipermacho (“O Champion General”)

*O Champion General, I your City now ascribe to you * triumphant anthems as the tokens of my gratitude, * being rescued from the terrors, O Theotokos. * Inasmuch as you have power unassailable, * from all kinds of perils free me so that unto you * I may cry aloud: * Rejoice, O unwedded Bride.*



Project Mexico

Imagine if you didn’t have a home, or home was a makeshift shelter constructed from discarded pallets, tin, cardboard, or tarps. Unfortunately, this is the reality for countless families around the world -- including families in Mexico.

By God’s grace, volunteers with Project Mexico have been making a difference. Since 1988, Project Mexico has been building safe, secure, and weather-tight homes for some of the most impoverished families in Northern Mexico. Every home is constructed over the course of four days and built entirely with volunteer labor.

Our parish has committed to fielding a group of 10 volunteers to help Project Mexico build a house between June 9th and 15th, and we need your help. So far, 5 people have answered the call. We still need 5 more people to join our team. If you would like to learn more, please chat with John Pogas, the group leader, Presvytera Katherine or Chris Altum.

MORTGAGE REDUCTION CAMPAIGN

We would like to thank the following stewards and friends of St. Sophia for contributing to February's Mortgage Reduction Campaign. **The total for February was \$5,140.**

Each month we will list the Mortgage Reduction collections for the previous month.

Anonymous	Mrs. Peggy Kostomite	Mr. & Mrs. Constantine Samios
Mr. & Mrs. Matt Bannon	Mrs. Effie Liacouras	Mr. & Mrs. Keith Swope
Mr. & Mrs. George Coutavas	Mr. & Mrs. George Limberis	Fr. Peter & Presv. Katherine Thornberg
Dr. & Mrs. Christopher Dankmyer	Mr. & Mrs. Edward McAdoo	Mr. & Mrs. Bernard Thornberg
Mr. & Mrs. Stephen Dowzicky	Mr. & Mrs. Thomas Migdalias	Mr. & Mrs. Darren Torbic
Mr. & Mrs. George Evangelopoulos	Mr. & Mrs. Kyriakos Mitses	Mrs. Shirley Tripolitis
Ms. Eleni Evangelopoulos	Mrs. Mary Moukoulis	Mr. & Mrs. Seraphim Tsipras
Mr. & Mrs. Chris Gross	Mr. & Mrs. George Neofotistos	Mr. & Mrs. Socrates Tsipras
Mr. & Mrs. Art Happas	Dr. Marianne & Mr. Alexander Nikas	Mrs. Irene Tsokas
Mr. & Mrs. Andreas Kamaratos	Mr. & Mrs. Michael Nikolaou	Mr. & Mrs. Michael Vail
Mr. & Mrs. Andrew Kane	Mr. Thomas A. Novitski, Jr.	Ms. Helene Vellios
Mr. & Mrs. Christos Karagiannopoulos	Mr. & Mrs. John Papadimitriou	Mr. & Mrs. Robert Walsh
Ms. Shelly Karistinos	Mr. James Peoples	Mr. & Mrs. Robert Watts
Ms. Stephanie King	Mrs. Harriet Podotas	Mr. & Mrs. Roger Witt
Mrs. Evangelia A. Klapakis	Mr. & Mrs. John Pogas	Mr. & Mrs. Robert Zacharatos
Mr. & Mrs. George Klapakis	Mr. & Mrs. David Poloway	Mr. Gregory Zarcone
	Mr. George Prieston	Mr. & Mrs. Charles Zarcone
	Mr. & Mrs. Jeffrey Ruser	Dr. & Mrs. Peter Zavitsanos
		Mr. & Mrs. Demetri Zerefos

During the COVID-19 crisis, all Liturgical Services have been available on-line. Simply click on the link below. You do NOT need a Facebook account to access the on-line services.

www.facebook.com/saintsophiachurch

PLEASE keep in mind that our fixed costs are still ever present.

We hope you can help us with an on-line donation. You can give by going to our website, www.saintsophiachurch.org and clicking on the "Donate" button.

Donate



You can also donate using Venmo! Just search in Venmo or click www.venmo.com/SaintSophiaChurch

NEW! We also accept Zelle as a form of payment! Through your bank's Zelle system, input treasurer@saintsophiachurch.org as a recipient and you'll be ready to donate to St. Sophia Church.

Epistle Reading

The reading is from St. Paul's Letter to the Hebrews 11:24-26, 32-40

Blessed are you, O Lord, the God of our fathers.

Verse: For you are just in all you have done.

Brethren, by faith Moses, when he was grown up, refused to be called the son of Pharaoh's daughter, choosing rather to share ill-treatment with the people of God than to enjoy the fleeting pleasures of sin.

And what more shall I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets -- who through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign enemies to flight. Women received their dead by resurrection. Some were tortured, refusing to accept release, that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated -- of whom the world was not worthy -- wandering over deserts and mountains, and in dens and caves of the earth.

And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect.

Ἀνάγνωσις ἐπιστολῆς Πρὸς Ἑβραίους 11:24-26, 32-40 τὸ ἀνάγνωσμα.

*Εὐλογητὸς εἶ, Κύριε, ὁ Θεὸς τῶν Πατέρων ἡμῶν.
Στίχ. Ὅτι δίκαιος εἶ ἐπὶ πᾶσιν, οἷς ἐποίησας ἡμῖν.*

Ἀδελφοί, πίστει Μωϋσῆς μέγας γενόμενος ἠρνήσατο λέγεσθαι υἱὸς θυγατρὸς Φαραῶ, μάλλον ἐλόμενος συγκακουχεῖσθαι τῷ λαῷ τοῦ θεοῦ ἢ πρόσκαιρον ἔχειν ἀμαρτίας ἀπόλαυσιν· μείζονα πλοῦτον ἠγησάμενος τῶν Αἰγύπτου θησαυρῶν τὸν ὀνειδισμόν τοῦ Χριστοῦ· ἀπέβλεπεν γὰρ εἰς τὴν μισθαποδοσίαν. Καὶ τί ἔτι λέγω; Ἐπιλείπει γὰρ με διηγούμενον ὁ χρόνος περὶ Γεδεών, Βαράκ τε καὶ Σαμψών καὶ Ἰεφθά, Δαυὶδ τε καὶ Σαμουὴλ καὶ τῶν προφητῶν· οἱ διὰ πίστεως κατηγωνίσαντο βασιλείας, εἰργάσαντο δικαιοσύνην, ἐπέτυχον ἐπαγγελιῶν, ἔφραξαν στόματα λεόντων, ἔσβεσαν δύναμιν πυρός, ἔφυγον στόματα μαχαίρας, ἐνεδυναμώθησαν ἀπὸ ἀσθενείας, ἐγενήθησαν ἰσχυροὶ ἐν πολέμῳ, παρεμβολὰς ἔκλιναν ἀλλοτρίων. Ἔλαβον γυναῖκες ἐξ ἀναστάσεως τοῦ νεκροῦ αὐτῶν· ἄλλοι δὲ ἐτυμπανίσθησαν, οὐ προσδεξάμενοι τὴν ἀπολύτρωσιν, ἵνα κρείττονος ἀναστάσεως τύχωσιν· ἕτεροι δὲ ἐμπαιγμῶν καὶ μαστίγων πείραν ἔλαβον, ἔτι δὲ δεσμῶν καὶ φυλακῆς· ἐλιθάσθησαν, ἐπρίσθησαν, ἐπειράσθησαν, ἐν φόνῳ μαχαίρας ἀπέθανον· περιήλθον ἐν μηλωταῖς, ἐν αἰγείοις δέρμασιν, ὑστερούμενοι, θλιβόμενοι, κακουχούμενοι - ὧν οὐκ ἦν ἄξιος ὁ κόσμος - ἐν ἐρημίαις πλανώμενοι καὶ ὄρεσιν καὶ σπηλαίοις καὶ ταῖς ὄπαϊς τῆς γῆς. Καὶ οὗτοι πάντες, μαρτυρηθέντες διὰ τῆς πίστεως, οὐκ ἐκομίσαντο τὴν ἐπαγγελίαν, τοῦ θεοῦ περὶ ἡμῶν κρείττονι τὴν προβλεψαμένου, ἵνα μὴ χωρὶς ἡμῶν τελειωθῶσιν.

GOSPEL READING

The Gospel According to John 1:43-51

At that time, Jesus decided to go to Galilee. And he found Philip and said to him, "Follow me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael, and he said to him, "We have found him of whom Moses in the law and also the prophets wrote, Jesus of Nazareth, the son of Joseph." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathanael coming to him, and said of him, "Behold, an Israelite indeed, in whom is no guile!" Nathanael said to him, "How do you know me?" Jesus answered him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered him, "Rabbi, you are the Son of God! You are the King of Israel!" Jesus answered him, "Because I said to you, I saw you under the fig tree, do you believe? You shall see greater things than these." And he said to him, "Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of man."

ΕΥΑΓΓΕΛΙΟΝ

Ἐκ τοῦ Κατὰ Ἰωάννην 1:44-52 Εὐαγγελίου τὸ Ἀνάγνωσμα

Τῷ καιρῷ ἐκείνῳ, ἠθέλησεν ὁ Ἰησοῦς ἐξελθεῖν εἰς τὴν Γαλιλαίαν· καὶ εὕρισκε Φίλιππον καὶ λέγει αὐτῷ· ἀκολούθει μοι. ἦν δὲ ὁ Φίλιππος ἀπὸ Βηθσαιῶν, ἐκ τῆς πόλεως Ἀνδρέου καὶ Πέτρου. εὕρισκε Φίλιππος τὸν Ναθαναὴλ καὶ λέγει αὐτῷ· ὃν ἔγραψε Μωϋσῆς ἐν τῷ νόμῳ καὶ οἱ προφῆται, εὐρήκαμεν, Ἰησοῦν τὸν υἱὸν τοῦ Ἰωσήφ τὸν ἀπὸ Ναζαρέτ. καὶ εἶπεν αὐτῷ Ναθαναὴλ· ἐκ Ναζαρέτ δύναται τι ἀγαθὸν εἶναι; λέγει αὐτῷ Φίλιππος· ἔρχου καὶ ἴδε. εἶδεν ὁ Ἰησοῦς τὸν Ναθαναὴλ ἐρχόμενον πρὸς αὐτὸν καὶ λέγει περὶ αὐτοῦ· ἴδε ἀληθῶς Ἰσραηλίτης, ἐν ᾧ δόλος οὐκ ἔστι. λέγει αὐτῷ Ναθαναὴλ· πόθεν με γινώσκεις; ἀπεκρίθη Ἰησοῦς καὶ εἶπεν αὐτῷ· πρὸ τοῦ σε Φίλιππον φωνῆσαι, ὄντα ὑπὸ τὴν συκῆν εἰδόν σε. ἀπεκρίθη Ναθαναὴλ καὶ λέγει αὐτῷ· ῥάββι, σὺ εἶ ὁ υἱὸς τοῦ Θεοῦ, σὺ εἶ ὁ βασιλεὺς τοῦ Ἰσραὴλ. ἀπεκρίθη Ἰησοῦς καὶ εἶπεν αὐτῷ· ὅτι εἶπόν σοι, εἰδόν σε ὑποκάτω τῆς συκῆς, πιστεύεις; μείζω τούτων ὄψει. καὶ λέγει αὐτῷ· ἀμὴν ἀμὴν λέγω ὑμῖν, ἀπ' ἄρτι ὄψεσθε τὸν οὐρανὸν ἀνεωγῆτα, καὶ τοὺς ἀγγέλους τοῦ Θεοῦ ἀναβαίνοντας καὶ καταβαίνοντας ἐπὶ τὸν υἱὸν τοῦ ἀνθρώπου.

40th Anniversary Commemorative Mugs: The mugs are still available at the back of the Cultural Center, and the suggested donation is \$10 each. Please indicate the number of mugs you wish to order and/or any donation you wish to make using the SignUpGenius. Please use this link to order yours today:

<https://www.signupgenius.com/go/30E044CA4AC29A20-40th>.



Payment may be made by check or by using the donation options found at the bottom of the SignUpGenius page.

St. Sophia Give-a-Brick Program Update: The third phase of the brick program is under way. We thank all those who have taken part in this program. Please check out the installation area under the flags to see previously sponsored bricks and pavers. This program has been very successful and has helped to raise money for our church needs.

If you did not have a chance to be a sponsor of this program previously, please fill out a Brick Form (available at the Pangari) and bring it to the Parish office, or see Peter Patukas. We will be ordering more in the next few months once we have enough sponsored pavers and bricks for the factory to produce. A minimum of 10 is needed.

Stewardship: Thank you to everyone who supported our 2021 Stewardship Program. If you have not yet finished paying your pledge, please do so as soon as possible. In addition, when paying by check, it is imperative that you indicate "Stewardship 2021" or "Stewardship 2022" on the memo line so that your account is properly credited. Also, if you make cash donations, please be sure to include your name either on the outside of the envelope or on a slip of paper attached to the cash.

Should you have any questions, please call the Parish office or see Tom Cox, our stewardship chairperson. **2022 Stewardship Commitment Forms are now available at the Pangari and on the table outside of the Parish office.**

Senior Citizen Ministry: St. Sophia's Senior Parea is open to all senior citizens of the community. The meetings take place on Thursdays from 10:00 am to 12 noon. **The next meeting of the Senior Parea will take place on Thursday, March 17, 2022.**

In Case of Emergency: If you are having an extreme medical emergency ONLY and are in need of an Orthodox priest, please call the Parish office at 610-650-8960.

SCHEDULE OF UPCOMING SERVICES AND EVENTS

Fri. Mar. 11 th	4:45 pm – Little Angels 7:00 pm – Salutations to the Theotokos
Sat. Mar. 12 th	10:00 am – Divine Liturgy – 3rd Saturday of Souls
Sun. Mar. 13 th	Sunday of Orthodoxy – Procession with icons after Liturgy
Mon. Mar. 14 th	6:00 pm – Great Compline
Tues. Mar. 15 th	7:00 pm – Lenten Adult Ed – in the church
Wed. Mar. 16 th	10:00 am – Presanctified Liturgy
Thurs. Mar. 17 th	10:00 am – Senior Parea
Fri. Mar. 18 th	4:45 pm – Little Angels 7:00 pm – Salutations to the Theotokos
Sat. Mar. 19 th	6:00 pm – Philoptochos Dinner & a Movie – “Man of God”
Sun. Mar. 20 th	St. Gregory Palamas Greek Independence Day Parade in Philadelphia -- The bus departs St. Sophia at 12 Noon <i>SHARP!</i>
Mon. Mar. 21 st	6:00 pm – Great Compline
Tues. Mar. 22 nd	7:00 pm – Lenten Adult Ed – in the church
Wed. Mar. 23 rd	6:00 pm – Presanctified Liturgy
Thurs. Mar. 24 th	10:00 am – Senior Parea
Fri. Mar. 25 th	4:45 pm – Little Angels Annunciation of the Theotokos 7:00 pm – Vespers & Akathist Hymn
Sat. Mar. 26 th	10:00 am – HOPE/JOY Pascha Retreat at St. Demetrios
Sun. Mar. 27 th	Veneration of the Holy Cross
Mon. Mar. 28 th	6:00 pm – Great Compline
Tues. Mar. 29 th	7:00 pm – Lenten Adult Ed – in the church
Wed. Mar. 30 th	10:00 am – Presanctified Liturgy
Thurs. Mar. 31 st	10:00 am – Senior Parea
Fri. Apr. 1 st	4:45 pm – Little Angels 7:00 pm – Salutations to the Theotokos
Sat. Apr. 2 nd	1:00 pm -- Rise Against Hunger Meal Packaging Event Sponsored by St. Luke’s Ladies Philoptochos
Sun. Apr. 3 rd	St. John of the Ladder 12:00 noon – Bible Bowl 2022 for JOY children -- to be held virtually via Zoom in classrooms
Mon. Apr. 4 th	6:00 pm – Great Compline
Wed. Apr. 6 th	6:00 pm – Presanctified Liturgy
Thurs. Apr. 7 th	10:00 am – Senior Parea
Fri. Apr. 8 th	4:45 pm – Little Angels 7:00 pm – The Akathist Hymn
Sat. Apr. 9 th	Sights & Sounds at St. Luke
Sun. Apr. 10 th	St. Mary of Egypt
Mon. Apr. 11 th	6:00 pm – Great Compline
Wed. Apr. 13 th	10:00 am – Presanctified Liturgy
Thurs. Apr. 14 th	10:00 am – Senior Parea
Fri. Apr. 15 th	4:45 pm – Little Angels
Sat. Apr. 16 th	10:00 am – Divine Liturgy – Saturday of Lazarus

Communion Prayers

I believe and confess, Lord, that You are truly the Christ, the Son of the living God, Who came into the world to save sinners, of whom I am the first. I also believe that this is truly Your pure Body and that this is truly Your precious Blood. Therefore, I pray to You, have mercy upon me, and forgive my transgressions, voluntary and involuntary, in word and deed, in knowledge or in ignorance. And make me worthy, without condemnation, to partake of Your pure Mysteries for the remission of sins and for eternal life. Amen.

*Behold, I approach for Divine Communion.
O Maker, burn me not as I partake,
For You are fire consuming the unworthy.
But cleanse me from every stain.*

O Son of God, receive me today as a partaker of Your mystical supper. For I will not speak of the mystery to Your enemies, nor will I give You a kiss, as did Judas. But like the thief, I confess to You: Remember me, Lord, in Your Kingdom.

*Tremble, O man, as you behold the divine Blood.
It is a burning coal that sears the unworthy.
The Body of God both deifies and nourishes me:
It deifies the Spirit and wondrously nourishes the mind.*

You have smitten me with yearning, O Christ, and by Your divine eros You have changed me. But burn up with spiritual fire my sins, and grant me to be filled with delight in You, so that, leaping for joy, I may magnify, O Good One, Your two comings.

How shall I, who am unworthy, enter into the splendor of Your saints? If I should dare to enter into the bridal chamber, my vesture will condemn me, since it is not a wedding garment; and being bound up, I shall be cast out by the angels. Cleanse, O Lord, the filth of my soul, and save me, as You are the one Who loves mankind. In Your love, Lord, cleanse my soul, and save me.

Master Who loves mankind, Lord Jesus Christ, my God, let not these Holy Gifts be to my judgment because I am unworthy, but rather for the purification and sanctification of both soul and body and the pledge of the life and Kingdom to come. It is good for me to cleave unto God and to place in Him the hope of my salvation.

O Son of God, receive me today as a partaker of Your mystical supper. For I will not speak of the mystery to Your enemies, nor will I give You a kiss, as did Judas. But like the thief, I confess to You: Remember me, Lord, in Your Kingdom.

March 13, 2022
Sunday of Orthodoxy
Removal of the relics of Nicephorus, Patriarch of Constantinople
Pouplios the Martyr, Bishop of Athens
Christina the Martyr of Persia



Today we celebrate the Liturgy of St. Basil the Great. The differences between this Liturgy and the Liturgy of St. John Chrysostom are found in the priest's prayers of the Anaphora, between pages 55-63 of your Divine Liturgy books. The Liturgy of St. Basil the Great is celebrated on Christmas Eve, the feast of St. Basil, the Feast of Theophany, Holy Saturday morning, and the Sundays of Great Lent.

St. Sophia/Ss Faith, Hope & Agape Vigil Candle: If you are interested in sponsoring a vigil candle, please see a Parish Council member at the Pangari – no advance signup necessary and several individuals or families can sponsor each week. The proceeds of these donations will go to our Mortgage Reduction Fund. Each vigil candle lasts one week; the asking donation is \$10.

Memorial: Today's memorial is being chanted for Ekaterini A. Tsipras (1 year), beloved wife of Andreas and loving mother of Seraphim (Patricia) and Yiayia to Alexandra and Jacob. Also being remembered today is Demetrios A. Tsipras (15 years), beloved son of Andreas and Ekaterini and brother of Seraphim. May their memory be eternal.

TODAY– Sunday of Orthodoxy: Today we will have the Procession of the Icons at the conclusion of the Divine Liturgy. All children of the Parish (as well as any adults who so wish) are welcome to participate in the procession. This is such a tremendous way to teach our children the importance of icons in the Orthodox Christian Faith.

Coffee Hour: Thank you to Seraphim (Sam) Tsipras and the Tsipras Family for offering today's coffee hour in memory of Ekaterini and Demetrios.

Readers for Salutations to the Theotokos: The second Salutations to the Theotokos are on Friday evening, March 18th. We are looking for readers for the English and Greek for that Friday and the following three Fridays. If you are interested in reading, please call Elaine in the Parish office to put your name on the list. Also, if you wish to decorate the icon of the Panagia with flowers on one of the Fridays, please call Elaine to let us know which Friday you are choosing.

Lenten Adult Education: One of our stewards, Brian Janeway Fitzgerald, will offer these presentations on "The Didache: Snapshot of Early Christianity". Join us for the first session on Tuesday, March 15th at 7pm in the nave of the church. *The topics and all dates appear below:*

The Didache: Snapshot of Early Christianity

- March 15th -- *The Text: Its Date, Setting, and Purpose*
- March 22nd -- *The Two Ways: Ethics of Early Christian Living*
- March 29th -- *The Church Manual: Early Christian Worship, Prayer, and Expectations*

St. Sophia Philoptochos
PRESENTS
Dinner & a Movie
SATURDAY, MARCH 19, 2022
SOUP & SALAD DINNER: 6 PM
SHOWTIME: 7 PM
DINNER DONATION - \$10
FEEL FREE TO BRING
YOUR FAVORITE SNACK OR BEVERAGE
FOR RESERVATIONS CONTACT LUCY KLINE 215-206-8180
OR EMAIL LADIES@SAINTSOPHIACHURCH.ORG BY TUESDAY, MARCH 15th
Fr. John A. Limberakis Cultural Center
900 S. Trooper Road, Jeffersonville, PA 19403

PALM
SUNDAY
LUNCHEON
APRIL 17, 2022
MORE INFORMATION COMING SOON!

The Ladies Philoptochos Society has a designated Poor Box in the Narthex to help fund its mission to aid those in need.

The Philoptochos Poor Box Recipient for March is **Rise Against Hunger**.

On April 2, 2022, St. Sophia Philoptochos will participate in a meal packaging event with Rise Against Hunger, a global food relief agency that since 2005 has provided over 540 million meals worldwide to those suffering from hunger. Your donation will assist Philoptochos in providing supplies for this meal packaging event. You can learn more about this charity here: <https://www.riseagainsthunger.org/>.

Please consider making a donation to this worthwhile charity at <http://www.saintsophiachurch.org/poorboxdonations.html>. Or, you can write a check to St. Sophia Philoptochos, with "poor box" in the memo line.

God bless you and thank you for your support!

Philoptochos Scholarships: The Metropolis of New Jersey Philoptochos, with the blessings of His Grace Bishop Apostolos of Medeia, and our Metropolis Chancellor, the Very Reverend Father Christoforos Oikonomidis, is embarking upon a new initiative. Each year we will be offering an opportunity to qualifying High School seniors, who are enrolled in an accredited University, College or Trade School, to apply for a Metropolis of New Jersey Philoptochos merit based scholarship. There are five (5) scholarships for 2022, each in the amount of \$1,000.00 and they will be awarded to qualifying applicants. For more information and to download an application, go to: <https://www.saintsophiachurch.org/uploads/1/8/6/1/18610160/anastasiamichals.memorial.scholarship.final.app.pdf>

AFTER 2 YEARS
PHILADELPHIA'S HELLENIC FEDERATION
PRESENTS WITH PRIDE

GREEK INDEPENDENCE DAY PARADE 2022

Grand Marshal
The Honorable Georgia Athanasopoulos, Consul General of Panama

Centennial Marshals
His Eminence Archbishop Elpidophoros of America
Jimmy Kokotas, AHEPA Supreme President
Kathy Bizoukas, Daughters of Penelope Grand President

Parade dedicated to the Centennial of the
Greek Archdiocese of America and AHEPA

**SUNDAY, MARCH 20 at the
BENJAMIN FRANKLIN PARKWAY, PHILADELPHIA**
From 16th to Eakins Oval, Formation 1:00pm, Step Off 2:00pm

For more information please visit: <https://hellenicfed.org/>



The Ladies Philoptochos Society of St. Luke
in partnership with Rise Against Hunger invites you to

A MEAL PACKAGING EVENT

Rise Against Hunger is driven by the vision of a world without hunger. Their mission is to end hunger in our lifetime by providing food and life-changing aid to the world's most vulnerable and creating a global commitment to mobilize the necessary resources. riseagainsthunger.org

SATURDAY APRIL 2, 2022 • 1PM TO 3PM
ST LUKE COMMUNITY CENTER

Contact: katherine.kennedy314@gmail.com

LOOKING FOR VOLUNTEERS (AGES 12 AND UP) TO ASSIST IN A MEAL PACKAGING PROCESS THAT IS SAFE AND EFFECTIVE. THIS IS A GREAT OPPORTUNITY TO WORK WITH YOUR ENTIRE FAMILY OR SMALL GROUPS OF VOLUNTEERS AT YOUR OWN INDIVIDUAL PACKAGING STATION.

TO SIGN UP:

<https://rah.secure.force.com/events/homepage?id=7013Z000002KnznQAC>



If you would like to donate Easter Lilies to help decorate the church at Easter, please complete the form below and send it to the Parish office.

Help the church decorate for Pascha by donating lilies for our church. Donate them in Honor or Memory of loved ones. The lilies are \$25.00 per plant. Please make your check out to: "Saint Sophia Church".

In Memory of:

In Honor of:

Donor's name and address:

**Thank you for your support!
Please return this form to the church along with your check.**

Pascha Eggs

THE RESURRECTION STORY
FOR ORTHODOX CHRISTIAN CHILDREN

Friday - April 22
12 - 2:45pm

OPEN TO AGES
Pre-K (age 4) - 12th grade

LIGHT REFRESHMENTS
SERVED

SIGN UP DEADLINE
Friday - April 15

PRE-REGISTRATION REQUIRED
ON SIGN-UP GENIUS

<https://www.signupgenius.com/go/30E044DAEAC23A84-good1>

Good Friday Retreat

Souper Bowl of Caring Continues: Our parish will continue collecting food throughout the Lenten period. The food will be distributed to the needy in our surrounding communities. Year round, St. Sophia supports local food pantries in the areas in which our stewards live -- Manna on Main Street (Lansdale), Daily Bread Community Food Pantry (Collegeville), and PACS (Phoenixville), to name a few.

This past week we received a letter of thanks from Daily Bread thanking our parish for our 2021 donations to their organization (see below). God bless our parishioners who contribute to this ministry!



March 2, 2022

Daily Bread Community
Food Pantry

3938 Ridge Pike
Collegeville, PA 19426

Our Mailing Address is:
P.O. Box 131
Schwenksville, PA 19473

Phone: 610-489-5540
Fax: 610-489-5543

www.DailyBreadCommunityFoodPantry.org

St. Sophia's Church
900 S Trooper Road
Jeffersonville, PA 19403

Thank-you for giving to the Daily Bread Community Food Pantry in 2021. We appreciate your thinking of us. It is a true show of your faith in action.

2021 Cash Giving	\$ 215.00
2021 InKind Donation	904 pounds of food

Your generosity has helped us to serve 2,141 households (7,329 individuals) coming multiple times in 2021 for food. We could not further our mission without your support.

No goods or services were provided in consideration of this gift.
Important: Federal law requires that you retain this receipt to substantiate your charitable deduction.
Daily Bread Community Food Pantry is a 501(c)3 organization registered in Pennsylvania.

THE SUNDAYS OF THE GREAT LENT

FIRST SUNDAY OF LENT – SUNDAY OF ORTHODOXY (John 1:43-52)



This Sunday commemorates the return of the Icons into the churches, according to the decision of the Seventh Ecumenical Synod (787). The Church determined that this celebration would take place each year on the first Sunday of Lent, as the Sunday of Orthodoxy, starting March 11, 843. On this Sunday every year the triumph of the faith of Orthodoxy is celebrated with ceremony. The Icon of Christ, according to St. John Damascus, is a distinct affirmation and a reminder of the fact of His Incarnation, which has a vital significance for the salvation of the faithful, an affirmation which prevails to this day in the Orthodox Church. The celebration of the day includes the procession with the Icon of Christ around the inside of the church with pomp and reverence. The Sunday of Orthodoxy calls upon the people to rededicate themselves to the deep meaning of their faith and to declare in unison, *"One Lord, one faith, one baptism, one God and Father of all"*.

PRAYER

Have no anxiety about anything, but in everything by Prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which passes all understanding will keep your hearts and your minds in Jesus Christ.

- St. Paul's letter to the Philippians

ST. SOPHIA PRESENTS

TRIVIA NITE

MAY 6, 2022

DOORS OPEN AT 6PM - TRIVIA BEGINS AT 7PM
REGISTRATION/PAYMENT DEADLINE - APRIL 8th

\$25 per person
Coffee & Dessert Included - BYOB

ST. SOPHIA GREEK ORTHODOX CHURCH
900 S TROOPER RD, JEFFERSONVILLE, PA 19403

REGISTRATION DETAILS ON:
www.saintsophiachurch.org/trivia-nite.com

Please bring non-perishable food items for the Patrician Society & receive a special raffle ticket

The background of the poster is a light green color with various educational icons scattered around. These include a pencil, a ruler, a calculator, a lightbulb, a clock, a maze, a periodic table of elements (with labels like He, Li, Be, B, C, N, O, F, Ne, Na, Mg, Al, Si, P, S, Cl, Ar, K, Ca, Sc, Ti, V, Cr, Mn, Fe, Co, Ni, Cu, Zn, Ga, Ge, As, Se, Br, Kr, Rb, Sr, Y, Zr, Nb, Mo, Tc, Ru, Rh, Pd, Ag, Cd, In, Sn, Sb, Te, I, Xe, Ba, La, Ce, Pr, Nd, Pm, Sm, Eu, Gd, Hg, Tl, Pb, Bi, Po, At, Rn, Fr, Ra, Ac, Th, Pa, U, Np, Pu, Am, Cm, Bk, Cf, Es, Fm, Md, No, Lr), a globe, and a computer mouse. The text is overlaid on this background.