



Project Mexico

Imagine if you didn't have a home, or home was a makeshift shelter constructed from discarded pallets, tin, cardboard, or tarps. Unfortunately, this is the reality for countless families around the world -- including families in Mexico.

By God's grace, volunteers with Project Mexico have been making a difference. Since 1988, Project Mexico has been building safe, secure, and weather-tight homes for some of the most impoverished families in Northern Mexico. Every home is constructed over the course of four days and built entirely with volunteer labor.

Our parish has committed to fielding a group of 10 volunteers to help Project Mexico build a house between June 9th and 15th, and we need your help. So far, 5 people have answered the call. We still need 5 more people to join our team. If you would like to learn more, please chat with John Pogas, the group leader, Presvytera Katherine or Chris Altum.

Epistle Reading

The reading is from St. Paul's First Letter to the Corinthians 8:8-13; 9:1-2

*Great is our Lord, and great is his power.
Verse: Praise the Lord, for the Lord is good.*

Brethren, food will not commend us to God. We are no worse off if we do not eat, and no better off if we do. Only take care lest this liberty of yours somehow become a stumbling block to the weak. For if any one sees you, a man of knowledge, at table in an idol's temple, might he not be encouraged, if his conscience is weak, to eat food offered to idols? And so by your knowledge this weak man is destroyed, the brother for whom Christ died. Thus, sinning against your brethren and wounding their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of my brother's falling, I will never eat meat, lest I cause my brother to fall.

Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are not you my workmanship in the Lord? If to others I am not an apostle, at least I am to you; for you are the seal of my apostleship in the Lord.

**Ἀνάγνωσις ἐπιστολῆς
Πρὸς Κορινθίους α' 8:8-13, 9:1-2 τὸ ἀνάγνωσμα.**

*Μέγας ὁ Κύριος ἡμῶν, καὶ μεγάλη ἡ ἰσχύς αὐτοῦ.
Στίχ. Αἰνεῖτε τὸν Κύριον, ὅτι ἀγαθός.*

Ἀδελφοί, βρῶμα ἡμᾶς οὐ παρίστησιν τῷ θεῷ· οὔτε γὰρ ἐὰν φάγωμεν περισσεύομεν, οὔτε ἐὰν μὴ φάγωμεν ὑστερούμεθα. Βλέπετε δὲ μήπως ἡ ἐξουσία ὑμῶν αὕτη πρόσκομμα γένηται τοῖς ἀσθενοῦσιν. Ἐὰν γὰρ τις ἴδῃ σε τὸν ἔχοντα γνώσιν ἐν εἰδωλείῳ κατακείμενον, οὐχὶ ἡ συνείδησις αὐτοῦ ἀσθενοῦς ὄντος οἰκοδομηθήσεται εἰς τὸ τὰ εἰδωλόθута ἐσθίειν; Καὶ ἀπολείται ὁ ἀσθενῶν ἀδελφὸς ἐπὶ τῇ σῆ γνώσει, δι' ὃν Χριστὸς ἀπέθανεν; Οὕτως δὲ ἀμαρτάνοντες εἰς τοὺς ἀδελφούς, καὶ τύπτοντες αὐτῶν τὴν συνείδησιν ἀσθενοῦσαν, εἰς Χριστὸν ἀμαρτάνετε. Διόπερ εἰ βρῶμα σκανδαλίζει τὸν ἀδελφόν μου, οὐ μὴ φάγω κρέα εἰς τὸν αἰῶνα, ἵνα μὴ τὸν ἀδελφόν μου σκανδαλίσω. Οὐκ εἰμι ἀπόστολος; Οὐκ εἰμι ἐλεύθερος; Οὐχὶ Ἰησοῦν Χριστὸν τὸν κύριον ἡμῶν ἔώρακα; Οὐ τὸ ἔργον μου ὑμεῖς ἔστε ἐν κυρίῳ; Εἰ ἄλλοις οὐκ εἰμι ἀπόστολος, ἀλλὰ γε ὑμῖν εἰμι· ἡ γὰρ σφραγὶς τῆς ἐμῆς ἀποστολῆς ὑμεῖς ἔστε ἐν κυρίῳ.

GOSPEL READING

The Gospel According to Matthew 25:31-46

The Lord said, "When the Son of man comes in his glory and all the holy angels with him, then he will sit on his glorious throne. Before him will be gathered all the nations, and he will separate them one from another as a shepherd separates the sheep from the goats, and he will place the sheep at his right hand, but the goats at the left. Then the king will say to those at his right hand, 'Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me.' Then the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you drink? And when did we see you a stranger and welcome you, or naked and clothe you? And when did we see you sick or in prison and visit you?' And the King will answer them, 'Truly, I say to you, as you did it to one of the least of these my brethren, you did it to me.' Then he will say to those at his left hand, 'Depart from me, you cursed, into the eternal fire prepared for the devil and his angels; for I was hungry and you gave me no food, I was thirsty and you gave me no drink, I was a stranger and you did not welcome me, naked and you did not clothe me, sick and in prison and you did not visit me.' Then they also will answer, 'Lord, when did we see you hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to you?' Then he will answer them, 'Truly, I say to you, as you did it not to one of the least of these, you did it not to me.' And they will go away into eternal punishment, but the righteous into eternal life."

ΕΥΑΓΓΕΛΙΟΝ

Ἐκ τοῦ Κατὰ Ματθαῖον 25:31-46 Εὐαγγελίου τὸ Ἀνάγνωσμα

Εἶπεν ὁ Κύριος· Ὅταν δὲ ἔλθῃ ὁ υἱὸς τοῦ ἀνθρώπου ἐν τῇ δόξῃ αὐτοῦ καὶ πάντες οἱ ἅγιοι ἄγγελοι μετ' αὐτοῦ, τότε καθίσει ἐπὶ θρόνου δόξης αὐτοῦ, καὶ συναχθήσεται ἔμπροσθεν αὐτοῦ πάντα τὰ ἔθνη, καὶ ἀφοριεῖ αὐτοὺς ἀπ' ἀλλήλων ὡσπερ ὁ ποιμὴν ἀφορίζει τὰ πρόβατα ἀπὸ τῶν ἐρίφων, καὶ στήσει τὰ μὲν πρόβατα ἐκ δεξιῶν αὐτοῦ, τὰ δὲ ἐρίφια ἐξ εὐωνύμων. τότε ἐρεῖ ὁ βασιλεὺς τοῖς ἐκ δεξιῶν αὐτοῦ· δεῦτε οἱ εὐλογημένοι τοῦ πατρὸς μου, κληρονομήσατε τὴν ἡτοιμασμένην ὑμῖν βασιλείαν ἀπὸ καταβολῆς κόσμου. ἐπείνασα γάρ, καὶ ἐδώκατέ μοι φαγεῖν, ἐδίψησα, καὶ ἐποτίσατέ με, ξένος ἦμην, καὶ συνηγάγετέ με, γυμνός, καὶ περιεβάλετέ με, ἡσθένησα, καὶ ἐπεσκέψασθέ με, ἐν φυλακῇ ἦμην, καὶ ἤλθετε πρὸς με. τότε ἀποκριθήσονται αὐτῷ οἱ δίκαιοι λέγοντες· κύριε, πότε σε εἶδομεν πεινῶντα καὶ ἐθρέψαμεν, ἢ διψῶντα καὶ ἐποτίσαμεν; πότε δὲ σε εἶδομεν ξένον καὶ συνηγάγομεν, ἢ γυμνὸν καὶ περιεβάλομεν; πότε δὲ σε εἶδομεν ἀσθενῆ ἢ ἐν φυλακῇ, καὶ ἤλθομεν πρὸς σε; καὶ ἀποκριθεὶς ὁ βασιλεὺς ἐρεῖ αὐτοῖς· ἀμὴν λέγω ὑμῖν, ἐφ' ὅσον ἐποιήσατε ἐνὶ τούτων τῶν ἀδελφῶν μου τῶν ἐλαχίστων, ἐμοὶ ἐποιήσατε. τότε ἐρεῖ καὶ τοῖς ἐξ εὐωνύμων· πορεύεσθε ἀπ' ἐμοῦ οἱ καταραμένοι εἰς τὸ πῦρ τὸ αἰώνιον τὸ ἡτοιμασμένον τῷ διαβόλῳ καὶ τοῖς ἀγγέλοις αὐτοῦ. ἐπείνασα γάρ, καὶ οὐκ ἐδώκατέ μοι φαγεῖν, ἐδίψησα, καὶ οὐκ ἐποτίσατέ με, ξένος ἦμην, καὶ οὐ συνηγάγετέ με, γυμνός, καὶ οὐ περιεβάλετέ με, ἀσθενῆ καὶ ἐν φυλακῇ, καὶ οὐκ ἐπεσκέψασθέ με. τότε ἀποκριθήσονται αὐτῷ καὶ αὐτοὶ λέγοντες· κύριε, πότε σε εἶδομεν πεινῶντα ἢ διψῶντα ἢ ξένον ἢ γυμνὸν ἢ ἀσθενῆ ἢ ἐν φυλακῇ, καὶ οὐ διηκονήσαμεν σοι; τότε ἀποκριθήσεται αὐτοῖς λέγων· ἀμὴν λέγω ὑμῖν, ἐφ' ὅσον οὐκ ἐποιήσατε ἐνὶ τούτων τῶν ἐλαχίστων, οὐδὲ ἐμοὶ ἐποιήσατε. καὶ ἀπελεύσονται οὗτοι εἰς κόλασιν αἰώνιον, οἱ δὲ δίκαιοι εἰς ζωὴν αἰώνιον.

Souper Bowl of Caring Continues: Our parish will continue collecting food throughout the Lenten period. The food will be distributed to the needy in our surrounding communities. Year round, St. Sophia supports local food pantries in the areas in which our stewards live -- Manna on Main Street (Lansdale), Our Daily Bread (Collegeville), and PACS (Phoenixville), to name a few.

40th Anniversary Commemorative Mugs: The mugs are still available at the back of the Cultural Center, and the suggested donation is \$10 each. Please indicate the number of mugs you wish to order and/or any donation you wish to make using the SignUpGenius. Please use this link to order yours today: <https://www.signupgenius.com/go/30E044CA4AC29A20-40th>.



Payment may be made by check or by using the donation options found at the bottom of the SignUpGenius page.

St. Sophia Give-a-Brick Program Update: The third phase of the brick program is under way. We thank all those who have taken part in this program. Please check out the installation area under the flags to see previously sponsored bricks and pavers. This program has been very successful and has helped to raise money for our church needs.

If you did not have a chance to be a sponsor of this program previously, please fill out a Brick Form (available at the Pangari) and bring it to the Parish office, or see Peter Patukas. We will be ordering more in the next few months once we have enough sponsored pavers and bricks for the factory to produce. A minimum of 10 is needed.

Stewardship: Thank you to everyone who supported our 2021 Stewardship Program. If you have not yet finished paying your pledge, please do so as soon as possible. In addition, when paying by check, it is imperative that you indicate "Stewardship 2021" or "Stewardship 2022" on the memo line so that your account is properly credited. Also, if you make cash donations, please be sure to include your name either on the outside of the envelope or on a slip of paper attached to the cash.

Should you have any questions, please call the Parish office or see Tom Cox, our stewardship chairperson. **2022 Stewardship Commitment Forms are now available at the Pangari and on the table outside of the Parish office.**

Senior Citizen Ministry: St. Sophia's Senior Parea is open to all senior citizens of the community. The meetings take place on Thursdays from 10:00 am to 12 noon, **The next meeting of the Senior Parea will take place on Thursday, March 3, 2022.**

In Case of Emergency: If you are having an extreme medical emergency ONLY and are in need of an Orthodox priest, please call the Parish office at 610-650-8960.

Communion Prayers

I believe and confess, Lord, that You are truly the Christ, the Son of the living God, Who came into the world to save sinners, of whom I am the first. I also believe that this is truly Your pure Body and that this is truly Your precious Blood. Therefore, I pray to You, have mercy upon me, and forgive my transgressions, voluntary and involuntary, in word and deed, in knowledge or in ignorance. And make me worthy, without condemnation, to partake of Your pure Mysteries for the remission of sins and for eternal life. Amen.

*Behold, I approach for Divine Communion.
O Maker, burn me not as I partake,
For You are fire consuming the unworthy.
But cleanse me from every stain.*

O Son of God, receive me today as a partaker of Your mystical supper. For I will not speak of the mystery to Your enemies, nor will I give You a kiss, as did Judas. But like the thief, I confess to You: Remember me, Lord, in Your Kingdom.

*Tremble, O man, as you behold the divine Blood.
It is a burning coal that sears the unworthy.
The Body of God both deifies and nourishes me:
It deifies the Spirit and wondrously nourishes the mind.*

You have smitten me with yearning, O Christ, and by Your divine eros You have changed me. But burn up with spiritual fire my sins, and grant me to be filled with delight in You, so that, leaping for joy, I may magnify, O Good One, Your two comings.

How shall I, who am unworthy, enter into the splendor of Your saints? If I should dare to enter into the bridal chamber, my vesture will condemn me, since it is not a wedding garment; and being bound up, I shall be cast out by the angels. Cleanse, O Lord, the filth of my soul, and save me, as You are the one Who loves mankind. In Your love, Lord, cleanse my soul, and save me.

Master Who loves mankind, Lord Jesus Christ, my God, let not these Holy Gifts be to my judgment because I am unworthy, but rather for the purification and sanctification of both soul and body and the pledge of the life and Kingdom to come. It is good for me to cleave unto God and to place in Him the hope of my salvation.

O Son of God, receive me today as a partaker of Your mystical supper. For I will not speak of the mystery to Your enemies, nor will I give You a kiss, as did Judas. But like the thief, I confess to You: Remember me, Lord, in Your Kingdom.

SCHEDULE OF UPCOMING SERVICES AND EVENTS

Fri. Feb. 25 th	4:45 pm – Little Angels
Sat. Feb. 26 th	10:00 am – Divine Liturgy – 1 st Saturday of Souls
Sun. Feb. 27 th	Judgment (Meatfare) Sunday ; Parish Oratorical Festival AHEPA Cheesesteaks
Thurs. Mar. 3 rd	10:00 am – Senior Parea
Fri. Mar. 4 th	4:45 pm – Little Angels
Sat. Mar. 5 th	10:00 am – Divine Liturgy – 2 nd Saturday of Souls
Sun. Mar. 6 th	Forgiveness (Cheesefare) Sunday – Philoptochos Tiropites
Mon. Mar. 7 th	Clean Monday – Great Lent Begins
Thurs. Mar. 10 th	10:00 am – Senior Parea
Fri. Mar. 11 th	4:45 pm – Little Angels 7:00 pm – Salutations to the Theotokos
Sat. Mar. 12 th	10:00 am – Divine Liturgy – 3 rd Saturday of Souls
Sun. Mar. 13 th	Sunday of Orthodoxy – Procession with icons
Tues. Mar. 15 th	7:00 pm – Lenten Adult Ed – in the church
Thurs. Mar. 17 th	10:00 am – Senior Parea
Sat. Mar. 19 th	6:00 pm – Philoptochos Dinner & a Movie – “Man of God”
Sun. Mar. 20 th	St. Gregory Palamas Greek Independence Day Parade in Philadelphia -- The bus departs St. Sophia at 12 Noon SHARP!
Tues. Mar. 22 nd	7:00 pm – Lenten Adult Ed – in the church
Thurs. Mar. 24 th	10:00 am – Senior Parea
Sun. Mar. 27 th	Veneration of the Holy Cross
Tues. Mar. 29 th	7:00 pm – Lenten Adult Ed – in the church
Thurs. Mar. 31 st	10:00 am – Senior Parea

February 27, 2022
Judgment Sunday (Meatfare Sunday)
Procopius the Confessor of Decapolis
Raphael of Brooklyn
Stephen the Monk



St. Sophia/Ss Faith, Hope & Agape Vigil Candle: If you are interested in sponsoring a vigil candle, please see a Parish Council member at the Pangari – no advance signup necessary and several individuals or families can sponsor each week. The proceeds of these donations will go to our Mortgage Reduction Fund. Each vigil candle lasts one week; the asking donation is \$10.

Memorials: Today's memorials are chanted for the souls of:

Panagiotis Karagiannopoulos (40 days), beloved father of Christos (Barbara) Karagiannopoulos and Anna Voryas of Virginia. Panagiotis lived in Athens and was predeceased by his wife Paraskevi. He is survived also by his grandchildren Melina, Natalia, Elpida and Jason, May his memory be eternal.

Nikolaos Kourtidis (2 years), beloved husband of Evangelia. He was the father of Robert Kourtidis and Sophia (Petros) Liantis and grandfather to Nicole (Matt) Brown and Niko Liantis. May his memory be eternal.

Mr. Aris Podotas (15 years), beloved husband of Harriet Podotas and father of Flora (David) Poloway and George (Sofia) Podotas. He was also the grandfather to Aris and Alexandra Poloway and Veronica and Aristidis Podotas. May his memory be eternal.

St. John Chrysostom Oratorical Festival: This year the Parish Level of the Oratorical Festival will take place today immediately following the Divine Liturgy.

TODAY – Meatfare Sunday Cheesesteaks: Valley Forge AHEPA Chapter 432 is having a Cheesesteak fundraiser today. For \$12 you get a Cheesesteak, French fries and a drink. Now that's a deal!

Saturday of Souls: The second Saturday of Souls is **Saturday, March 5th**. **Forms for the names of the departed are available at the Pangari (also enclosed).** Please submit your form to the Parish Office as soon as possible. Please remember that the names you submit are read on all three Saturdays. Please **PRINT CLEARLY, AND ONLY BAPTISMAL FIRST NAMES ARE NECESSARY.**

St. Sophia Choir: If you are a returning member of our choir or would like to join the choir, please see Tom Cox. Our choir will be starting up again soon to sing the beautiful hymns of our holy Orthodox faith.

St. Sophia Philoptochos
PRESENTS
Dinner & a Movie
SATURDAY, MARCH 19, 2022
SOUP & SALAD DINNER: 6 PM
SHOWTIME: 7 PM
DINNER DONATION - \$10
FEEL FREE TO BRING
YOUR FAVORITE SNACK OR BEVERAGE
FOR RESERVATIONS CONTACT LUCY KLINE 215-206-8180
OR EMAIL LADIES@SAINTSOPHIACHURCH.ORG BY TUESDAY, MARCH 1ST
Fr. John A. Limberakis Cultural Center
900 S. Trooper Road, Jeffersonville, PA 19403

Lenten Adult Education: One of our stewards, Brian Janeway Fitzgerald, will offer these presentations on "The Didache: Snapshot of Early Christianity". Join us for the first session on **Tuesday, March 15th** at 7pm in the nave of the church. *The topics and all dates appear below:*

The Didache: Snapshot of Early Christianity

- *March 15th -- The Text: Its Date, Setting, and Purpose*
- *March 22nd -- The Two Ways: Ethics of Early Christian Living*
- *March 29th -- The Church Manual: Early Christian Worship, Prayer, and Expectations*

Readers for Salutations to the Theotokos: The first Salutations to the Theotokos are on Friday evening, **March 11th**. We are looking for readers for the English and Greek for that Friday and the following four Fridays. **If you are interested in reading, please call Elaine in the Parish office to put your name on the list.** Also, if you wish to decorate the icon of the Panagia with flowers on one of the Fridays, please call Elaine to let us know which Friday you are choosing.

**Frozen
Tiropita Sale**



**ONLY 6 / \$15
WITH BAKING INSTRUCTIONS**

Perfect for a quick snack, lunch or dinner

Contact Maria Mitses at 201/294-7739 to order

NO FRESH TIROPITES AVAILABLE ON 3/6: Unfortunately, we cannot offer the freshly baked tiropites at this time; however, we do have frozen tiropites for sale. To place an order, contact Maria Mitses at 201-294-7739.

In addition, we will now be doing the Donuts and Cocoa fundraiser on March 6th (see enclosed flyer).

The Ladies Philoptochos Society has a designated Poor Box in the Narthex to help fund its mission to aid those in need.

Donations made to the Philoptochos Poor Box for the month of February benefit the King family of Quakertown, whose father and two sons perished in a house fire on Christmas.

You may send checks to the church to the attention of Philoptochos/Poor Box Donations or donate at <https://www.saintsophiachurch.org/poorboxdonations.html>.

Thank you for your support!




**PHILLY
CHEESESTEAK LUNCH
FEBRUARY 27**

***Cheesesteak
French Fries - Soda
Only \$12***

Fries & Soda-\$6



**PRE-ORDERS HIGHLY RECOMMENDED
MATT STOLARCZYK at mattstolarczyk@cs.com**

AHEPA THANKS YOU FOR YOUR CONTINUED SUPPORT

ST. SOPHIA PHILOPTOCHOS

CHEESEFARE

SUNDAY

TIROPITES

SUNDAY - MARCH 6

**NO FRESH TIROPITES FOR SALE ON 3/6
FROZEN STILL AVAILABLE!**

*Baked
Only \$ 3.50 each*

**RESERVE YOUR TIROPITES TODAY
LADIES@SAINTSOPHIACHURCH.ORG**

Help us raise some dough
Donuts and Cocoa



YumYum Donuts
AND

Make-your-own Cocoa Bar

Sunday, March 6th

During Coffee Hour

Donations benefit

Philoptochos charities



AFTER 2 YEARS
PHILADELPHIA'S HELLENIC FEDERATION
PRESENTS WITH PRIDE

GREEK INDEPENDENCE DAY PARADE 2022



Grand Marshal
The Honorable Georgia Athanasopoulos, Consul General of Panama

Centennial Marshals
His Eminence Archbishop *Elpidophoros* of America
Jimmy Kokotas, AHEPA Supreme President
Kathy Bizoukas, Daughters of Penelope Grand President

Parade dedicated to the Centennial of the
Greek Archdiocese of America and AHEPA

SUNDAY, MARCH 20 at the
BENJAMIN FRANKLIN PARKWAY, PHILADELPHIA
From 16th to Eakins Oval, Formation 1:00pm, Step Off 2:00pm

For more information please visit: <https://hellenicfed.org/>

BIBLE BOWL 2022

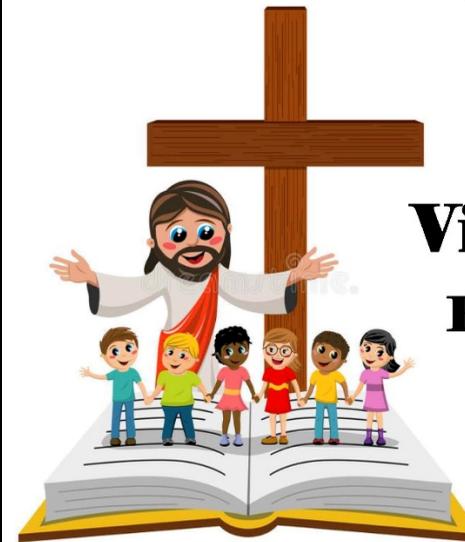
Sunday, April 3rd

12:00 pm

Virtually via ZOOM

**From our Sunday School
classrooms**

**For all JOY children
(3rd – 6th Grades)
from all churches of
the DVYC**



Hosted by Holy Trinity, Wilmington, Delaware

To sign up and for the zoom link,

please contact us by Wednesday, March 30th

Angie Karakasidis at akarakasidis@yahoo.com