



Project Mexico

Imagine if you didn't have a home, or home was a makeshift shelter constructed from discarded pallets, tin, cardboard, or tarps. Unfortunately, this is the reality for countless families around the world -- including families in Mexico.

By God's grace, volunteers with Project Mexico have been making a difference. Since 1988, Project Mexico has been building safe, secure, and weather-tight homes for some of the most impoverished families in Northern Mexico. Every home is constructed over the course of four days and built entirely with volunteer labor.

Our parish has committed to fielding a group of 10 volunteers to help Project Mexico build a house between June 9th and 15th, and we need your help. So far, 5 people have answered the call. We still need 5 more people to join our team. If you would like to learn more, please chat with John Pogas, the group leader, Presvytera Katherine or Chris Altum.

Epistle Reading

The reading is from St. Paul's Second Letter to Timothy 3:10-15

*Let your mercy, O Lord, be upon us.
Verse: Rejoice in the Lord, O ye righteous.*

TIMOTHY, my son, you have observed my teaching, my conduct, my aim in life, my faith, my patience, my love, my steadfastness, my persecutions, my sufferings, what befell me at Antioch, at Iconion, and at Lystra, what persecutions I endured; yet from them all the Lord rescued me. Indeed all who desire to live a godly life in Christ Jesus will be persecuted, while evil men and impostors will go on from bad to worse, deceivers and deceived. But as for you, continue in what you have learned and have firmly believed, knowing from whom you learned it and how from childhood you have been acquainted with the sacred writings which are able to instruct you for salvation through faith in Christ Jesus.

Ἀνάγνωσις ἐπιστολῆς Πρὸς Τιμόθεον β' 3:10-15 τὸ ἀνάγνωσμα.

*Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς.
Στίχ. Ἀγαλλιᾶσθε δίκαιοι ἐν Κυρίῳ*

Τέκνον Τιμόθεε, παρηκολούθηκάς μου τῇ διδασκαλίᾳ, τῇ ἀγωγῇ, τῇ προθέσει, τῇ πίστει, τῇ μακροθυμίᾳ, τῇ ἀγάπῃ, τῇ ὑπομονῇ, τοῖς διωγμοῖς, τοῖς παθήμασιν, οἷά μοι ἐγένετο ἐν Ἀντιοχείᾳ, ἐν Ἰκονίῳ, ἐν Λύστροις, οἷους διωγμοὺς ὑπήνεγκα· καὶ ἐκ πάντων με ἐρρύσατο ὁ κύριος. Καὶ πάντες δὲ οἱ θέλοντες εὐσεβῶς ζῆν ἐν Χριστῷ Ἰησοῦ διωχθήσονται. Πονηροὶ δὲ ἄνθρωποι καὶ γόητες προκόψουσιν ἐπὶ τὸ χεῖρον, πλανῶντες καὶ πλανώμενοι. Σὺ δὲ μένε ἐν οἷς ἔμαθες καὶ ἐπιστώθης, εἰδὼς παρὰ τίνος ἔμαθες, καὶ ὅτι ἀπὸ βρέφους τὰ ἱερά γράμματα οἶδας, τὰ δυνάμενά σε σοφίσαι εἰς σωτηρίαν διὰ πίστεως τῆς ἐν Χριστῷ Ἰησοῦ.

GOSPEL READING
The Gospel According to Luke 18:10-14

The Lord said this parable, "Two men went up into the temple to pray, one a Pharisee and the other a tax collector. The Pharisee stood and prayed thus with himself, 'God, I thank you that I am not like other men, extortioners, unjust, adulterers, or even like this tax collector. I fast twice a week, I give tithes of all that I get.' But the tax collector, standing far off, would not even lift up his eyes to heaven, but beat his breast, saying, 'God, be merciful to me a sinner!' I tell you, this man went down to his house justified rather than the other; for everyone who exalts himself will be humbled, but he who humbles himself will be exalted."

ΕΥΑΓΓΕΛΙΟΝ
Ἐκ τοῦ Κατὰ Λουκᾶν 18:10-14 Εὐαγγελίου τὸ Ἀνάγνωσμα

Εἶπεν ὁ Κύριος τὴν παραβολὴν ταύτην· Ἄνθρωποι δύο ἀνέβησαν εἰς τὸ ἱερὸν προσεύξασθαι, ὁ εἷς Φαρισαῖος καὶ ὁ ἕτερος τελώνης. ὁ Φαρισαῖος σταθεὶς πρὸς ἑαυτὸν ταῦτα προσηύχετο· ὁ Θεός, εὐχαριστῶ σοι ὅτι οὐκ εἰμι ὡσπερ οἱ λοιποὶ τῶν ἀνθρώπων, ἄρπαγες, ἄδικοι, μοιχοί, ἢ καὶ ὡς οὗτος ὁ τελώνης· νηστεύω δις τοῦ σαββάτου, ἀποδεκατῶ πάντα ὅσα κτῶμαι. καὶ ὁ τελώνης μακρόθεν ἐστῶς οὐκ ἤθελεν οὐδὲ τοὺς ὀφθαλμοὺς εἰς τὸν οὐρανὸν ἐπάραι, ἀλλ' ἔτυπεν εἰς τὸ στήθος αὐτοῦ λέγων· ὁ Θεός, ἰλάσθητί μοι τῶ ἀμαρτωλῶ. λέγω ὑμῖν, κατέβη οὗτος δεδικαιωμένος εἰς τὸν οἶκον αὐτοῦ ἢ γὰρ ἐκεῖνος· ὅτι πᾶς ὁ ὑψῶν ἑαυτὸν ταπεινωθήσεται, ὁ δὲ ταπεινῶν ἑαυτὸν ὑψωθήσεται.



AFTER 2 YEARS
PHILADELPHIA'S HELLENIC FEDERATION
PRESENTS WITH PRIDE

GREEK INDEPENDENCE **DAY PARADE 2022**



Grand Marshal
The Honorable Georgia Athanasopoulos, Consul General of Panama

Centennial Marshals
His Eminence Archbishop *Elpidophoros* of America
Jimmy Kokotas, AHEPA Supreme President
Kathy Bizoukas, Daughters of Penelope Grand President

Parade dedicated to the Centennial of the
Greek Archdiocese of America and AHEPA

SUNDAY, MARCH 20 at the
BENJAMIN FRANKLIN PARKWAY, PHILADELPHIA
From 16th to Eakins Oval, Formation 1:00pm, Step Off 2:00pm

 For more information please visit: <https://hellenicfed.org/>

40th Anniversary Commemorative Mugs: The mugs are still available at the back of the Cultural Center, and the suggested donation is \$10 each. Please indicate the number of mugs you wish to order and/or any donation you wish to make using the SignUpGenius. Please use this link to order yours today: <https://www.signupgenius.com/go/30E044CA4AC29A20-40th>.



Payment may be made by check or by using the donation options found at the bottom of the SignUpGenius page.

St. Sophia Give-a-Brick Program Update: The third phase of the brick program is under way. We thank all those who have taken part in this program. Please check out the installation area under the flags to see previously sponsored bricks and pavers. This program has been very successful and has helped to raise money for our church needs.

If you did not have a chance to be a sponsor of this program previously, please fill out a Brick Form (available at the Pangari) and bring it to the Parish office, or see Peter Patukas. We will be ordering more in the next few months once we have enough sponsored pavers and bricks for the factory to produce. A minimum of 10 is needed.

Stewardship: Thank you to everyone who supported our 2021 Stewardship Program. If you have not yet finished paying your pledge, please do so as soon as possible. In addition, when paying by check, it is imperative that you indicate "Stewardship 2021" or "Stewardship 2022" on the memo line so that your account is properly credited. Also, if you make cash donations, please be sure to include your name either on the outside of the envelope or on a slip of paper attached to the cash.

Should you have any questions, please call the Parish office or see Tom Cox, our stewardship chairperson. **2022 Stewardship Commitment Forms are now available at the Pangari and on the table outside of the Parish office.**

Senior Citizen Ministry: St. Sophia's Senior Parea is open to all senior citizens of the community. The meetings normally take place on Thursdays from 10:00 am to 12 noon, **HOWEVER**, they are being **paused** due to the rise in COVID numbers. Hopefully the meetings will resume soon. Stay tuned for updates.

In Case of Emergency: If you are having an **extreme medical emergency ONLY** and are in need of an Orthodox priest, please call the Parish office at 610-650-8960.

February 13, 2022
Sunday of the Publican and Pharisee: Triodion Begins Today
Martinian of Palestine
Apostles Aquila and Priscilla
Eulogios, Patriarch of Alexandria



St. Sophia/Ss Faith, Hope & Agape Vigil Candle: If you are interested in sponsoring a vigil candle, please see a Parish Council member at the Pangari – no advance signup necessary and several individuals or families can sponsor each week. The proceeds of these donations will go to our Mortgage Reduction Fund. Each vigil candle lasts one week; the asking donation is \$10.

Memorial Service: Today's memorial is being chanted for **Nikolaos Mylonas** (40 days), beloved husband of Pelagia and father of Barbara (Christos) Karagiannopoulos and son, Charlie (Megan), and grandchildren, Melina, Natalia, Charles and Catherine. May his memory be eternal.

Coffee Hour: Today's coffee hour is being offered by Nikolaos Mylonas' wife and children.

AHEPA Meeting: Today after the Divine Liturgy, our Chapter will hold a meeting to finalize the online Super Bowl Block Pool and discuss the upcoming AHEPA Cheesesteak fundraiser on Meatfare Sunday, February 27th. For all questions pertaining to our local chapter, including membership, please contact chapter president, Matthew Stolarczyk - mattstolarczyk@cs.com.

Saturday of Souls: The first Saturday of Souls is **Saturday, February 26th**. **Forms for the names of the departed are available at the Pangari (also enclosed)**. Please submit your form to the Parish Office as soon as possible. Please remember that the names you submit are read on all three Saturdays. Please PRINT CLEARLY, AND ONLY BAPTISMAL FIRST NAMES ARE NECESSARY.

St. Sophia Choir: If you are a returning member of our choir or would like to join the choir, please see Tom Cox. Our choir will be starting up again soon to sing the beautiful hymns of our holy Orthodox faith.

SCHEDULE OF UPCOMING SERVICES AND EVENTS

Fri. Feb. 18 th	No Little Angels
Fri. Feb. 25 th	4:45 pm – Little Angels
Sat. Feb. 26 th	10:00 am – Divine Liturgy – 1 st Saturday of Souls
Sun. Feb. 27 th	Judgment (Meatfare) Sunday; Parish Oratorical Festival AHEPA Cheesesteaks
Fri. Mar. 4 th	4:45 pm – Little Angels
Sat. Mar. 5 th	10:00 am – Divine Liturgy – 2 nd Saturday of Souls
Sun. Mar. 6 th	Forgiveness (Cheesefare) Sunday – Philoptochos Tiropites
Mon. Mar. 7 th	Clean Monday – Great Lent Begins
Fri. Mar. 11 th	4:45 pm – Little Angels 7:00 pm – Salutations to the Theotokos
Sat. Mar. 12 th	10:00 am – Divine Liturgy – 3 rd Saturday of Souls
Sun. Mar. 13 th	Sunday of Orthodoxy – Procession with icons
Sat. Mar. 19 th	6:00 pm – Philoptochos Dinner & a Movie – “Man of God”

During the COVID-19 crisis, all Liturgical Services have been available on-line. Simply click on the link below. You do NOT need a Facebook account to access the on-line services.

www.facebook.com/saintsophiachurch

PLEASE keep in mind that our fixed costs are still ever present.

We hope you can help us with an on-line donation. You can give by going to our website, www.saintsophiachurch.org and clicking on the “Donate” button.



You can also donate using Venmo! Just search in Venmo or click www.venmo.com/SaintSophiaChurch

NEW! We also accept Zelle as a form of payment! Through your bank's Zelle system, input treasurer@saintsophiachurch.org as a recipient and you'll be ready to donate to St. Sophia Church.

The Ladies Philoptochos Society has a designated Poor Box in the Narthex to help fund its mission to aid those in need.

Donations made to the Philoptochos Poor Box for the month of February benefit the King family of Quakertown, whose father and two sons perished in a house fire on Christmas.

You may send checks to the church to the attention of Philoptochos/Poor Box Donations or donate at <https://www.saintsophiachurch.org/poorboxdonations.html>.

Thank you for your support!

**Frozen
Tiropita Sale**

ONLY 6 / \$15
WITH BAKING INSTRUCTIONS

Perfect for a quick snack, lunch or dinner

Contact Kathy 610-539-5413 to purchase

Philoptochos Coat Drive: 40 coats, 2 hats and 1 box of hand warmers were generously donated by our community. THANK YOU! 25 men's coats along with the hats and hand warmers were donated to the Code Blue shelter in Lansdale. The other coats were donated to Laurel's Loft to benefit the good work of Laurel House, Montgomery County's domestic violence service center. Information on these charities is available at <https://www.trinitylansdale.com/code-blue/> and <https://laurel-house.org/>.

\$17

ORDER BY
APRIL 9th

PICKUP ON
APRIL 16th

TSOUREKI ORDER FORM

For Orders



Kathy (610) 539-5413



ladies@saintsophiachurch.org



www.saintsophiachurch.org/tsoureki-2022

NAME: _____

EMAIL: _____ PHONE: _____

QTY: _____ X \$17 = _____ TOTAL PAID: _____

Souper Bowl of Caring: The IOCC (International Orthodox Christian Charities) is sponsoring a Souper Bowl of Caring on **Sunday, February 13th** to help feed the needy in our community and around the world. Food is now being collected in the lobby of the Fr. John A. Limberakis Cultural Center. The food will be distributed to a local food pantry. Year round, St. Sophia supports local food pantries in the areas in which our stewards live -- Manna on Main Street (Lansdale), Our Daily Bread (Collegetown), and PACS (Phoenixville), to name a few.

Together we can beat hunger.

SOUPERBOWL SUNDAY, FEBRUARY 13, 2022

Help feed the hungry by collecting nonperishables for a local food bank, and collect money for IOCC to support our work around the globe. Together we can turn the biggest weekend in football into a super day of giving!

Learn more at
iocc.org/souperbowl



AHEPA Super Bowl Pool: Thank you to all who participated in this year's AHEPA VFC 432 Online Super Bowl block pool.



All of the squares have been donated/purchased and selected along w/random numbers for each of the 4 quarters.

Winners will be announced the following week after the game this Sunday starting at 6:30 PM ET. To check on your square per quarter and for random number selected, go to:

<https://superbowlpoolsite.com/grid/102443/185009>. Scroll down the page and under Multiple Grids, click on 1st, 2nd, or 3rd quarter or Final Score and scroll down to see the random number square selections made.

See Matt Stolarczyk or email mattstolarczyk@cs.com for any questions.



PHILLY CHEESESTEAK LUNCH FEBRUARY 27

*Cheesesteak
French Fries - Drink*



PRE-ORDERS HIGHLY RECOMMENDED
MATT STOLARCZYK at mattstolarczyk@cs.com

AHEPA THANKS YOU FOR YOUR CONTINUED SUPPORT

ST. SOPHIA PHILOPTOCHOS

CHEESEFARE SUNDAY TIROPITES

SUNDAY - MARCH 6, 2022

*Freshly Baked
Only \$ 3.50 each*

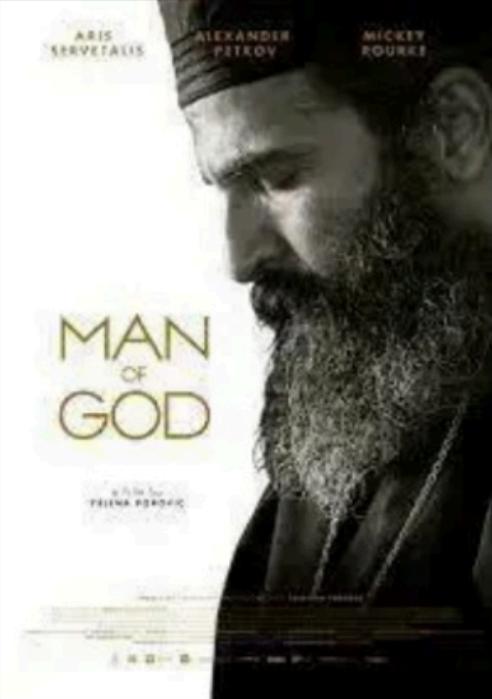
RESERVE YOUR TIROPITES TODAY
LADIES@SAINTSOPHIACHURCH.ORG
KATHY 610-539-5413 OR MARIA 201-294-7739

OUR JOURNEY TO PASCHA! 2022

Created by Fr. Jonathan Bannon (ACROD)

SUNDAYS	THEMES / GOSPEL READING	HOW TO PARTICIPATE:
Fast - Free Week FEBRUARY 13th	 Publican and the Pharisee Epistle: 2 Timothy 3: 10-15 Gospel: Luke 18: 10-14	Show compassion on the poor and distressed. Trust in God, not yourself and ask for His help before every task this week.
Normal Fast Week FEBRUARY 20th	 The Prodigal Son Returns! Epistle: 1 Corinthians 6: 12-20 Gospel: Luke 15: 11-32	Schedule a Confession. Every morning say, "Today I will be humble." Use up/freeze meats this week.
Meatfare FEBRUARY 27th FAREWELL TO MEAT TODAY	 The Last Judgement Epistle: 1 Corinthians 8: 8-9:2 Gospel: Matthew 25: 31-46	Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.
Cheesefare MARCH 6th FAREWELL TO CHEESE TODAY	 Adam and Eve are cast from Paradise! FORGIVENESS SUNDAY Epistle: Romans 13: 11-14:4 Gospel: Matthew 6:14-21	Ask each other for forgiveness each evening this week before bed.
1st Sunday of Lent MARCH 13th	 ST GREGORY PALAMAS Epistle: Hebrews 1:10-2:3 Gospel: Mark 2:1-12	Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week.
2nd Sunday of Lent MARCH 20th	 VENERATION OF THE HOLY CROSS HALF WAY TO PASCHA! Epistle: Hebrews 4: 14-5:6 Gospel: Mark 8: 34-9:1	Wear your cross to church and kiss the cross each morning with a bow!
3rd Sunday of Lent MARCH 27th	 ST JOHN of the LADDER Epistle: Hebrews 6:13-20 Gospel: Mark 9: 17-31	Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!
4th Sunday of Lent APRIL 3rd	 ST MARY of EGYPT Epistle: Hebrews 9: 11-14 Gospel: Mark 10: 32-45	Ask the Theotokos to offer you and the world pure thoughts and ideas this week.
5th Sunday of Lent APRIL 10th	 ENTRY OF OUR LORD INTO JERUSALEM Epistle: Philippians 4: 4-9 Gospel: John 12: 1-18	Place your palm branches and pussywillows behind an icon at home and in your car!
FLOWERY (PALM) SUNDAY! APRIL 17th GREAT WEEK BEGINS	 GREAT AND HOLY FRIDAY JESUS DIES ON THE CROSS CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE	Refrain from TV, Internet & Phones to honor Christ's Death.
GREAT AND HOLY FRIDAY APRIL 22nd	 HOLY PASCHA! (CHRIST IS RISEN!) Epistle: Acts 1:1-8 Gospel: Jan 1:1-17	Greet everyone with "CHRIST IS RISEN!" & say it before good morning and goodnight!
FEAST OF FEASTS! APRIL 24th NO FASTING!		

St. Sophia Philoptochos
PRESENTS
Dinner & a Movie



★★★★★

SATURDAY, MARCH 19, 2022

SOUP & SALAD DINNER: 6 PM - SHOWTIME: 7 PM

DINNER DONATION - \$10

FEEL FREE TO BRING YOUR FAVORITE SNACK OR BEVERAGE

FOR RESERVATIONS CONTACT LUCY KLINE 215-206-8180
OR EMAIL LADIES@SAINTSOPHIACHURCH.ORG BY TUESDAY, MARCH 1ST

Fr. John A. Limberakis Cultural Center
900 S. Trooper Road, Jeffersonville, PA 19403



ST. DEMETRIOS GREEK ORTHODOX CHURCH
229 POWELL LANE
UPPER DARBY, PA 19082



**HOPE AND JOY
PASCHA RETREAT
SATURDAY, MARCH 26, 2022
10AM – 2PM**

PLEASE RSVP BY SATURDAY, MARCH 12TH with the number of children attending to: Iliana Giouvannoulis at ilianagiouva@verizon.net.

SERVICE PROJECT: Lenten Care Packages to Greek Orthodox Senior Citizens.

Please bring non-perishable Lenten items. Examples: halva, any type of pasta (i.e. orzo, rice), any type of beans (i.e. lentils, navy beans, chick peas), Lenten cookies, pasta sauce. Bags will be prepared during retreat and delivered to seniors during the April Senior Citizens luncheon at St. Demetrios which is open to all parishes.

PLEASE BRING ONE OF YOUR FAVORITE LENTEN RECIPES FOR OUR RECIPE BOOK CRAFT

**MY LENTEN RECIPE _____
FROM THE KITCHEN OF _____**

INGREDIENTS:

INSTRUCTIONS: