

January 30, 2022

Synaxis of The Three Hierarchs:

Basil the Great, Gregory the Theologian, & John Chrysostom

Hippolytos, Pope of Rome

Athanasia the Martyr & her 3 daughters

ENTRANCE HYMNS

Resurrectional Apolytikion – Katelisas to Stavro (“By Thy Cross Destroyed”)

O Death didst Thou destroy by Thy Cross. Thou opened Paradise to the Thief and the laments of the myrrhbearers didst Thou change and to Thine own Apostles command them to announce that Thou had risen O Christ our God, Who gives to the World Thy Great Mercy.

Apolytikion for the Three Hierarchs – Tous tris megistous fostiras (“The three great luminaries”)

Those three magnificent luminaries of the tri-solar Godhead, who lit up the whole world with rays of divine doctrines; those mellifluent rivers of wisdom, who irrigated all creation with the waters of the knowledge of God; Basil the Great, and Gregory the Theologian, and the illustrious John, whose tongue produced golden words! Let all of us who are enamored of their words come together and sing hymns to honor them. For they are ever interceding with the Trinity on our behalf.

Apolytikion of St. Sophia/Ss. Faith, Hope & Agape

Greek

Ὁς ελαία κατά καρπος ανεβλάστησας, ἐν ταῖς ἀνλαῖς τοῦ Κυρίου, Σοφία μάρτυς σεμνή, καί προσήγαγες Χριστῷ καρπὸν ἢ δύτατον, τοὺς τῆς νηδύος σου βλαστούς, δι’ α γώνων εὐαγῶν, Ἀγάπην τε καὶ Ἐλπίδα σὺν τῇ θεόφρονι Πίστει, μεθῶν δυσώπει υπέρ πάντων ἡμῶν.

English Phonetics for Greek

Os elea kata karpos anevlastisas, en tes avles tu Kyriou Sofia martys semni, ke prosigages Christo karpon idytaton, tus tis nidyos su vlastus, di' agonon evagon, Agapin te ke Elpida, syn ti theofroni Pisti; meth' on dysopi yper pandon imon.

English

As an olive tree laden with fruit you sprouted forth, in the courtyards of the Lord, Sophia martyr dignified, and you brought to Christ a fruit most sweet, Namely your womb's own sprouts, brought up by instructive deeds: your daughters Love and Hope, along with God-minded Faith; together intercede with God for us all.

Seasonal Kontakion – O mitran parthenikin (“the virginal womb”)

You sanctified the virginal womb by Your birth, O Lord, and blessed the hands of Symeon fittingly, O Christ God; and even now You came and saved us. Now, give peace to our Nation in time of war, and empower our Leaders, so loved by You, the only one who loves humanity.

ST. SOPHIA PRESENTS

TRIVIA

NITE

MAY 6, 2022

DOORS OPEN AT 6PM - TRIVIA BEGINS AT 7PM
REGISTRATION/PAYMENT DEADLINE - APRIL 8th

\$25 per person

Coffee & Dessert Included - BYOB

ST. SOPHIA GREEK ORTHODOX CHURCH
900 S TROOPER RD, JEFFERSONVILLE, PA 19403

REGISTRATION DETAILS ON:
www.saintsophiachurch.org/trivia-nite.com

Please bring non-perishable food items for the Patrician Society
& receive a special raffle ticket



Project Mexico

Imagine if you didn't have a home, or home was a makeshift shelter constructed from discarded pallets, tin, cardboard, or tarps. Unfortunately, this is the reality for countless families around the world -- including families in Mexico.

By God's grace, volunteers with Project Mexico have been making a difference. Since 1988, Project Mexico has been building safe, secure, and weather-tight homes for some of the most impoverished families in Northern Mexico. Every home is constructed over the course of four days and built entirely with volunteer labor.

Our parish has committed to fielding a group of 10 volunteers to help Project Mexico build a house between June 9th and 15th, and we need your help. So far, 5 people have answered the call. We still need 5 more people to join our team. If you would like to learn more, please chat with John Pogas, the group leader, Presvytera Katherine or Chris Altum.

Epistle Reading

The reading is from St. Paul's Letter to the Hebrews 13:7-16

*Their voice has gone out into all the earth.
Verse: The heavens declare the glory of God.*

Brethren, remember your leaders, those who spoke to you the word of God; consider the outcome of their lives, and imitate their faith. Jesus Christ is the same yesterday and today and for ever. Do not be led away by diverse and strange teachings; for it is well that the heart be strengthened by grace, not by foods, which have not benefited their adherents. We have an altar from which those who serve the tent have no right to eat. For the bodies of those animals whose blood is brought into the sanctuary by the high priest as a sacrifice for sin are burned outside the camp. So Jesus also suffered outside the gate in order to sanctify the people through his own blood. Therefore let us go forth to him outside the camp and bear the abuse he endured. For here we have no lasting city, but we seek the city which is to come. Through him then let us continually offer up a sacrifice of praise to God, that is, the fruit of lips that acknowledge his name. Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God.

Ἀνάγνωσις ἐπιστολῆς Πρὸς Ἑβραίους 13:7-16 τὸ ἀνάγνωσμα

*Εἰς πᾶσαν τὴν γῆν ἐξῆλθεν ὁ φθόγγος αὐτῶν.
Στίχ. Οἱ οὐρανοὶ διηγοῦνται δόξαν Θεοῦ.*

Ἀδελφοί, μνημονεύετε τῶν ἡγουμένων ὑμῶν, οἵτινες ἐλάλησαν ὑμῖν τὸν λόγον τοῦ θεοῦ· ὧν ἀναθεωροῦντες τὴν ἔκβασιν τῆς ἀναστροφῆς, μιμεῖσθε τὴν πίστιν. Ἰησοῦς Χριστὸς χθὲς καὶ σήμερον ὁ αὐτός, καὶ εἰς τοὺς αἰῶνας. Διδαχαῖς ποικίλαις καὶ ξέναις μὴ παραφέρεσθε· καλὸν γὰρ χάριτι βεβαιοῦσθαι τὴν καρδίαν, οὐ βρώμασιν, ἐν οἷς οὐκ ὠφελήθησαν οἱ περιπατήσαντες. Ἐχομεν θυσιαστήριον, ἐξ οὗ φαγεῖν οὐκ ἔχουσιν ἐξουσίαν οἱ τῆ σκηνῆ λατρεύοντες. Ὡν γὰρ εἰσφέρεται ζῶων τὸ αἷμα περὶ ἁμαρτίας εἰς τὰ ἅγια διὰ τοῦ ἀρχιερέως, τούτων τὰ σώματα κατακαίεται ἔξω τῆς παρεμβολῆς. Διὸ καὶ Ἰησοῦς, ἵνα ἁγιάσῃ διὰ τοῦ ἰδίου αἵματος τὸν λαόν, ἔξω τῆς πύλης ἔπαθεν. Τοίνυν ἐξερχώμεθα πρὸς αὐτὸν ἔξω τῆς παρεμβολῆς, τὸν ὀνειδισμὸν αὐτοῦ φέροντες. Οὐ γὰρ ἔχομεν ὧδε μένουσαν πόλιν, ἀλλὰ τὴν μέλλουσαν ἐπιζητοῦμεν. Δι' αὐτοῦ οὖν ἀναφέρωμεν θυσίαν αἰνέσεως διὰ παντὸς τῷ θεῷ, τοῦτ' ἔστιν, καρπὸν χειλέων ὁμολογούντων τῷ ὀνόματι αὐτοῦ. Τῆς δὲ εὐποιίας καὶ κοινωνίας μὴ ἐπιλανθάνεσθε· τοιαύταις γὰρ θυσίαις εὐαρεστεῖται ὁ θεός.

GOSPEL READING The Gospel According to Matthew 5:14-19

The Lord said to his disciples, "You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven. Think not that I have come to abolish the law and the prophets; I have come not to abolish them but to fulfill them. For truly, I say to you, till heaven and earth pass away, not an iota, not a dot, will pass from the law until all is accomplished. Whoever then relaxes one of the least of these commandments and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven."

ΕΥΑΓΓΕΛΙΟΝ Ἐκ τοῦ Κατὰ Ματθαῖον 5:14-19 Εὐαγγελίου τὸ Ἀνάγνωσμα

Εἶπεν ὁ Κύριος τοῖς ἑαυτοῦ μαθηταῖς· Ὑμεῖς ἐστε τὸ φῶς τοῦ κόσμου. οὐ δύναται πόλις κρυβῆναι ἐπάνω ὄρους κειμένη· οὐδὲ καίουσι λύχνον καὶ τιθέασι αὐτὸν ὑπὸ τὸν μόδιον, ἀλλ' ἐπὶ τὴν λυχνίαν, καὶ λάμπει πᾶσι τοῖς ἐν τῇ οἰκίᾳ. οὕτω λαμψάτω τὸ φῶς ὑμῶν ἔμπροσθεν τῶν ἀνθρώπων, ὅπως ἴδωσιν ὑμῶν τὰ καλὰ ἔργα καὶ δοξάσωσι τὸν πατέρα ὑμῶν τὸν ἐν τοῖς οὐρανοῖς. Μὴ νομίσητε ὅτι ἦλθον καταλῦσαι τὸν νόμον ἢ τοὺς προφήτας· οὐκ ἦλθον καταλῦσαι, ἀλλὰ πληρῶσαι. ἀμὴν γὰρ λέγω ὑμῖν, ἕως ἂν παρέλθῃ ὁ οὐρανὸς καὶ ἡ γῆ, ἰῶτα ἓν ἢ μία κεραία οὐ μὴ παρέλθῃ ἀπὸ τοῦ νόμου ἕως ἂν πάντα γένηται. ὃς ἐὰν οὖν λύσῃ μίαν τῶν ἐντολῶν τούτων τῶν ἐλαχίστων καὶ διδάξῃ οὕτω τοὺς ἀνθρώπους, ἐλάχιστος κληθήσεται ἐν τῇ βασιλείᾳ τῶν οὐρανῶν· ὃς δ' ἂν ποιήσῃ καὶ διδάξῃ, οὗτος μέγας κληθήσεται ἐν τῇ βασιλείᾳ τῶν οὐρανῶν.

Senior Citizen Ministry: St. Sophia's Senior Parea is open to all senior citizens of the community. The meetings normally take place on Thursdays from 10:00 am to 12 noon, **HOWEVER**, they are being **paused** due to the rise in COVID numbers. Hopefully the meetings will resume soon. Stay tuned for updates.

PanHellenic Scholarship: The PanHellenic Scholarship Foundation will once again offer \$250,000 in scholarship awards to 40 exceptional Greek American undergraduates. Undergraduate students of Hellenic descent from all fifty states are encouraged to apply by January 31st. Applications are available online at <https://www.panhellenicsf.org/>



2022 Ecclesiastical Calendars: To save the Parish resources, 2022 Church calendars are available for pickup in the Narthex of the church and on the table outside of the Parish office on a first come, first serve basis. **We respectfully request that each stewarding family take only 1 calendar per household.** Thank you!

In Case of Emergency: If you are having an **extreme medical emergency ONLY** and are in need of an Orthodox priest, please call the Parish office at 610-650-8960.

During the COVID-19 crisis, all Liturgical Services have been available on-line. Simply click on the link below. You do NOT need a Facebook account to access the on-line services.

www.facebook.com/saintsophiachurch

PLEASE keep in mind that our fixed costs are still ever present. We hope you can help us with an on-line donation. You can give by going to our website, www.saintsophiachurch.org and clicking on the "Donate" button.

Donate



You can also donate using Venmo! Just search in Venmo or click www.venmo.com/SaintSophiaChurch

NEW! We also accept Zelle as a form of payment! Through your bank's Zelle system, input treasurer@saintsophiachurch.org as a recipient and you'll be ready to donate to St. Sophia Church.

LADIES PHILOPTOCHOS OF ST SOPHIA

**COATS
JACKETS
PARKAS**



COAT DRIVE

DEADLINE
SUNDAY
JAN 30TH

DROP OFF LOCATION
ST SOPHIA GREEK ORTHODOX CHURCH
Fr John A Limberakis Cultural Center
900 S Trooper Rd
Jeffersonville, PA 19403
questions: ladies@saintsophiachurch.org

Bring in your new or gently used men's, women's and children's coats.
Donations will provide assistance to individuals and families facing adversity.

January 30, 2022
 Synaxis of The Three Hierarchs:
 Basil the Great, Gregory the Theologian, & John Chrysostom
 Hippolytos, Pope of Rome
 Athanasia the Martyr & her 3 daughters



St. Sophia/Ss Faith, Hope & Agape Vigil Candle: If you are interested in sponsoring a vigil candle, please see a Parish Council member at the Pangari – no advance signup necessary and several individuals or families can sponsor each week. The proceeds of these donations will go to our Mortgage Reduction Fund. Each vigil candle lasts one week; the asking donation is \$10.

Trisagion: Today's trisagion is being chanted for **Nicholas Karabots (1 year)**, beloved husband of Athena and father of three daughters: Andrea Duloc (Michael), Despina McNulty (Joseph), and Constance Kolkka (Paul). He is survived also by ten grandchildren: Alecia Jankowski (Matthew), Zachary Duloc (Stephanie), Andrew McNulty (Kate), Christopher McNulty (Anne), Kara McNulty, Nick Kolkka, Stefan Kolkka, Griffin Kolkka, Sophia Kolkka and Caliope Kolkka; great grandchildren: Kennedy McNulty, Rylee McNulty, Maeve McNulty and Zoe Duloc, and his sister Despina Fassuliotis (William). He was preceded in death by his sister Anna Agrian and his brother Christos Karabots. May his memory be eternal.

Coffee Hour: Thank you to the Parish Council for offering this morning's complimentary breakfast for Stewardship Appreciation Sunday.

Blessing of the Homes at Theophany: If you wish to have your homes and/or businesses blessed, please call or email the Parish office to schedule a visitation.

**Stewardship Appreciation Sunday
TODAY!**

In appreciation for the tremendous support of our stewards, the Parish Council invites you to a complimentary breakfast today immediately following the Divine Liturgy.

We hope you can join us in fellowship!

YOUTH SAFETY ANNUAL CERTIFICATION – IT’S TIME TO RE-TRAIN!

For all involved in Sunday/Greek school, youth ministries, Greek dance, altar servers and the Parish Council, please be sure to complete BOTH the Youth Safety Course/Quiz; and Youth Worker Regulation Course/Quiz so that St. Sophia is at 100% compliance with the Archdiocesan youth safety requirements. Please check your email for login credentials. The deadline is January 31, 2022. Please email Lucy Kline at lucyluwho@verizon.net with any questions or if you have problems logging into the Praesidium system.

Blessing of the Homes at Theophany

If you wish to have your homes and/or businesses blessed by Fr. Peter, please call or email the Parish Office to schedule a visitation.

Before the Priest Comes to Bless the House

- **To protect everyone in the home, masks must be worn during the blessing.**
- Be prepared (this is a serious sacrament.)
- **Make sure ALL the lights in the house have been turned on, as Epiphany is known as the “Feast of Lights.”**
- Make sure all radios, stereos, TVs, etc. are turned off.
- Have a table where you can place an icon, a lit candle, and a list of names (living and deceased) of those you wish to commemorate.
- When the priest begins to sprinkle the rooms, lead him to the rooms that you wish blessed. This “procession” should include all who are able to walk. Children who are very young may need to be carried (nursing mothers are exempted if the feeding needs to take place immediately.)
- Afterwards, return to the place you started (where the table, icon, etc., are) for the closing prayer and blessing.

St. Sophia Give-a-Brick Program Update: The third phase of the brick program is under way. We thank all those who have taken part in this program. Please check out the installation area under the flags to see previously sponsored bricks and pavers. This program has been very successful and has helped to raise money for our church needs.

If you did not have a chance to be a sponsor of this program previously, please fill out a Brick Form (available at the Pangari) and bring it to the Parish office, or see Peter Patukas. We will be ordering more in the next few months once we have enough sponsored pavers and bricks for the factory to produce. A minimum of 10 is needed.

40th Anniversary Commemorative Mugs: The mugs are still available at the back of the Cultural Center, and the suggested donation is \$10 each. Please indicate the number of mugs you wish to order and/or any donation you wish to make using the SignUpGenius. Please use this link to order yours today: <https://www.signupgenius.com/go/30E044CA4AC29A20-40th>.



Payment may be made by check or by using the donation options found at the bottom of the SignUpGenius page.

Stewardship: Thank you to everyone who supported our 2021 Stewardship Program. If you have not yet finished paying your pledge, please do so as soon as possible. In addition, when paying by check, it is imperative that you indicate “Stewardship 2021” or “Stewardship 2022” on the memo line so that your account is properly credited. Also, if you make cash donations, please be sure to include your name either on the outside of the envelope or on a slip of paper attached to the cash.

Should you have any questions, please call the Parish office or see Tom Cox, our stewardship chairperson. **2022 Stewardship Commitment Forms are now available at the Pangari and on the table outside of the Parish office.**

AHEPA Meeting: On Sunday, February 13th, after the Divine Liturgy, our Chapter will hold a meeting to finalize the online Super Bowl Block Pool and discuss the upcoming AHEPA Cheesesteak fundraiser on Meatfare Sunday, February 27th. For all questions pertaining to our local chapter, including membership, please contact chapter president, Matthew Stolarczyk - mattstolarczyk@cs.com.

The Ladies Philoptochos Society has a designated Poor Box in the Narthex to help fund its mission to aid those in need.

Donations made to the Philoptochos Poor Box for the month of January benefits the Jefferson Fire Company No. 1 in West Norriton, the township where St. Sophia resides. Jefferson Fire is primarily a volunteer fire company with only one paid driver on staff. They rely mainly on donations to fund the purchase of new equipment.

You can learn more about the Jefferson Fire Company at <https://jeffersonfireco.com/>.

You may send checks to the church to the attention of Philoptochos/Poor Box Donations or donate at <https://www.saintsophiachurch.org/poorboxdonations.html>

Thank you for your support!

SCHEDULE OF UPCOMING SERVICES AND EVENTS

Sun. Jan. 30 th	Stewardship Appreciation Sunday – Breakfast
Wed. Feb. 2 nd	10:00 am – Divine Liturgy – Presentation of Our Lord in the Temple
Fri. Feb. 4 th	4:45 pm – Little Angels
Sun. Feb. 6 th	Godparent Day Brunch sponsored by Philoptochos
Fri. Feb. 11 th	4:45 pm – Little Angels
Fri. Feb. 18 th	No Little Angels
Fri. Feb. 25 th	4:45 pm – Little Angels
Sat. Feb. 26 th	10:00 am – Divine Liturgy – 1 st Saturday of Souls
Sun. Feb. 27 th	Judgment (Meatfare) Sunday – AHEPA Cheesesteaks
Fri. Mar. 4 th	4:45 pm – Little Angels
Sat. Mar. 5 th	10:00 am – Divine Liturgy – 2 nd Saturday of Souls
Sun. Mar. 6 th	Forgiveness (Cheesefare) Sunday – Philoptochos Tiropites
Mon. Mar. 7 th	Clean Monday – Great Lent Begins
Fri. Mar. 11 th	4:45 pm – Little Angels 7:00 pm – Salutations to the Theotokos
Sat. Mar. 12 th	10:00 am – Divine Liturgy – 3 rd Saturday of Souls

**Frozen
Tiropita Sale**



ONLY 6 / \$18
WITH BAKING INSTRUCTIONS

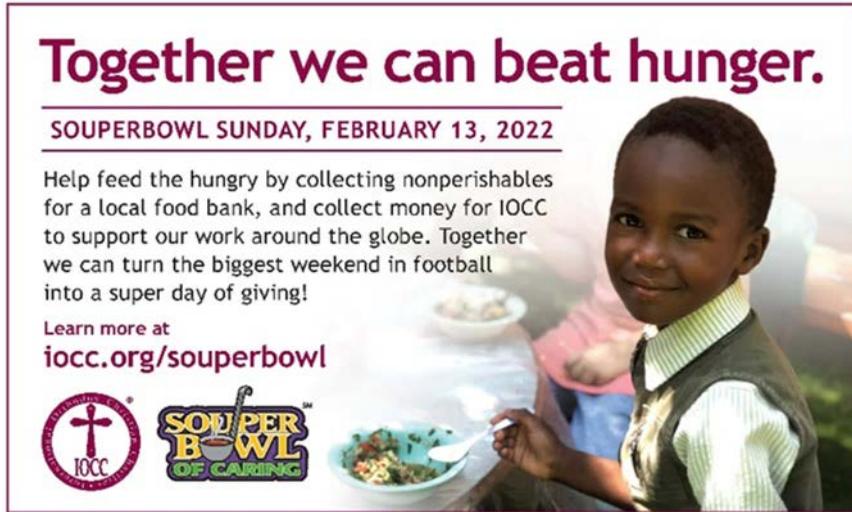
Perfect for a quick snack, lunch or dinner

Contact Kathy 610-539-5413 to purchase

Calling All Current Girl Scouts of our Parish: If you would like to sign up to do your own cookie booth during coffee hour, please see and confirm with Presvytera Katherine -- pkstfamily@verizon.net. Cookie sales will take place beginning Sun. Jan. 23rd and ending Sun. March 13th. You will need to set-up & decorate your table, clean up afterwards, and dress in either your GS uniform or a GS shirt. Those who participate must wear a mask when selling cookies indoors. Thank you!



Souper Bowl of Caring: The IOCC (International Orthodox Christian Charities) is sponsoring a Souper Bowl of Caring on **Sunday, February 13th** to help feed the needy in our community and around the world. Food is now being collected in the lobby of the Fr. John A. Limberakis Cultural Center. The food will be distributed to a local food pantry. Year round, St. Sophia supports local food pantries in the areas in which our stewards live -- Manna on Main Street (Lansdale), Our Daily Bread (Collegeville), and PACS (Phoenixville), to name a few.



Together we can beat hunger.

SUPERBOWL SUNDAY, FEBRUARY 13, 2022

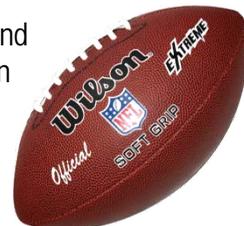
Help feed the hungry by collecting nonperishables for a local food bank, and collect money for IOCC to support our work around the globe. Together we can turn the biggest weekend in football into a super day of giving!

Learn more at iocc.org/souperbowl

AHEPA Super Bowl Pool: The AHEPA VFC 432 will be sponsoring another online Super Bowl 2022 Block Pool -- <https://superbowlpoolsite.com/contest/102443?p=ahevafc432>

With each block costing \$10, payments can be made via PayPal at <https://www.paypal.com/pools/c/8GrWmm8JYH> or by contacting the AHEPA Chapter president via email below to make payment arrangements via check made payable to AHEPA VFC 432.

Winners will be announced at the conclusion of the Super Bowl event and proceeds will benefit AHEPA charities. For all questions about participating in this online block pool, please contact AHEPA VFC 432 President, Matt Stolarczyk, at mattstolarczyk@cs.com



The deadline for all submissions will be 12 Noon ET - Sunday, February 13th.



St. Sophia Philoptochos
Godparents' Day
"A Brunch to Remember"
February 6, 2022

Variety of Breakfast Sliders
 Tater Tot Casserole
 Corned Beef Hash Nests
 Greek Yogurt/Honey/Granola Cups

♥

Artisan Deli Sandwiches
 Grilled Vegetable Pasta Salad
 Mixed Greens Salad
 Lox on Bagels w/Cream Cheese

♥

Mini Charcuterie Cups
 Petite Pastries
 Assorted Breads & Bagels

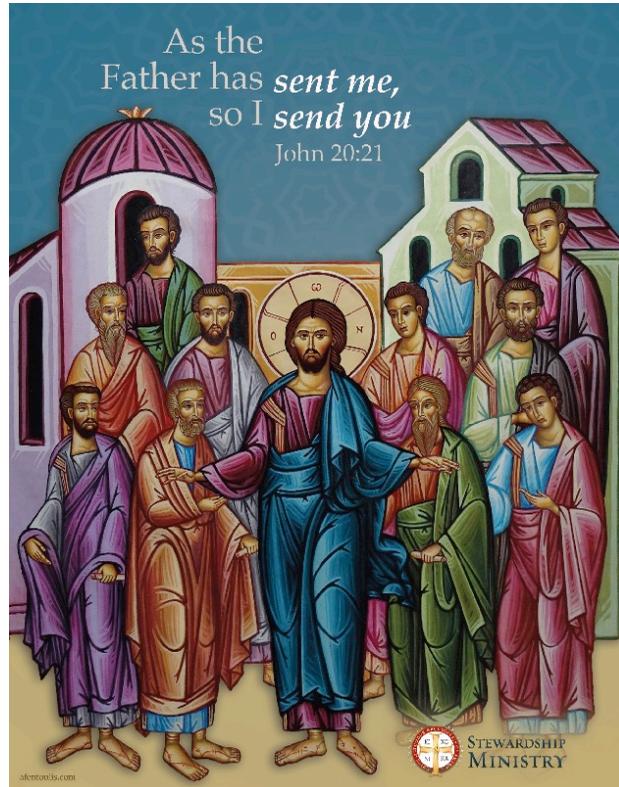
♥

Milk-Juice-Coffee

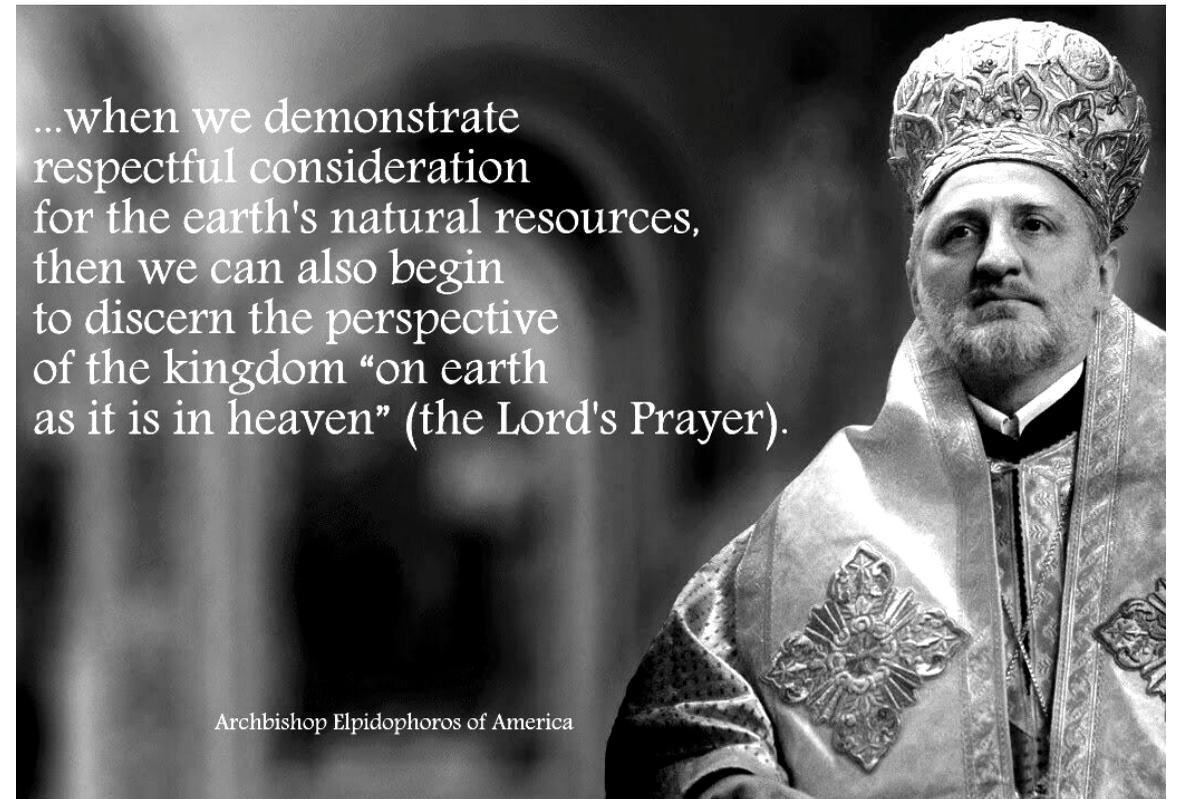
\$12 ADULTS - \$8 CHILDREN
 12 AND UNDER

RESERVATIONS REQUESTED BY 1/19
 Contact Kathy 610-539-5413
 or ladies@saintsophiachurch.org

You are the Voice of Christ in a Changing World



The base from which we serve as the *Voice of Christ in a Changing World* is the parish. A strong parish provides opportunities for sharing the Good News of Christ, for welcoming those that are searching for a spiritual home, and a base from which we are sent out into the world. The parish also provides a place for worship, community and education in the faith. To be stewards of the Gospel, we need to be stewards of our parish. This requires the vision and inspiration to see the parish, not as it is, but as it could be. We are called to offer ourselves and our treasure to make our local church all that it can be.



Stewardship of Creation