

January 9, 2022

Sunday after Theophany

Polyeuctus the Martyr of Melitene in Armenia

Eustratios the Wonderworker ♦ Philip, Metropolitan of Moscow

Peter, Bishop of Sebaste, brother of Basil the Great and Gregory of Nyssa

ENTRANCE HYMNS

Apolytikion for Post-Theophany – En Iordhani (“As You were baptized”)

As You were baptized in the Jordan, O Lord, then the worship of the Trinity became manifest, for the voice of the Father bore witness to You, naming You the Beloved Son; and the Spirit, in the form of a dove, confirmed the certainty of the word. O Christ God, who appeared and illumined the world, glory to You.

Resurrectional Apolytikion – To Fedhron Tis Anastaseos (“The Joyful News of Your Resurrection”)

The joyful news of your resurrection was proclaimed by the angel to the women disciples. Having thrown off the curse that fell on Adam, they ran elatedly to tell the apostles: Death has been vanquished; Christ our God is risen from the dead, blessing all the world with his great mercy.

Apolytikion of St. Sophia/Ss. Faith, Hope & Agape

Greek

Ὁς ελαία κατά καρπος ανεβλάστησας, ἐν ταῖς ἀνλαῖς τοῦ Κυρίου, Σοφία μάρτυς σεμνή, καί προσήγαγες Χριστῷ καρπὸν ἢ δύτατον, τοὺς τῆς νηδύος σου βλαστούς, δι’ ἀγώνων εὐαγῶν, Ἀγάπην τε καὶ Ἐλπίδα σὺν τῇ θεόφρονι Πίστει, μεθῶν δυσώπει υπέρ πάντων ἡμῶν.

English Phonetics for Greek

Os elea kata karpos anevlastisas, en tes avles tu Kyriou Sofia martys semni, ke prosigages Christo karpon idytaton, tus tis nidyos su vlastus, di' agonon evagon, Agapin te ke Elpida, syn ti theofroni Pisti; meth' on dysopi yper pandon imon.

English

As an olive tree laden with fruit you sprouted forth, in the courtyards of the Lord, Sophia martyr dignified, and you brought to Christ a fruit most sweet, Namely your womb's own sprouts, brought up by instructive deeds: your daughters Love and Hope, along with God-minded Faith; together intercede with God for us all.

Seasonal Kontakion – Epefanis simeron (“You appeared today to us”)

*You appeared today to us * on earth, O Master, * and Your light was signed on us * who cry aloud to You and say * with understanding, O Christ our God: You came and shone forth, O Light unapproachable.*

LADIES PHILOPTOCHOS OF ST SOPHIA



COAT DRIVE

DEADLINE	DROP OFF LOCATION
SUNDAY JAN 30TH	ST SOPHIA GREEK ORTHODOX CHURCH Fr John A Limberakis Cultural Center 900 S Trooper Rd Jeffersonville, PA 19403 questions: ladies@saintsophiachurch.org

Bring in your new or gently used men's, women's and children's coats.
Donations will provide assistance to individuals and families facing adversity.

St. Sophia Give-a-Brick Program Update



The third phase of the brick program is now being started. We thank all those who took part in this program. Please check out the installation area under the flags to see previously sponsored bricks and pavers. This program has been very successful and has helped to raise money for our church needs.

If you did not have a chance to be a sponsor of this program previously, please fill out a Brick Form (available at the Pangari) and bring it to the Parish office, or see Peter Patukas. We will be ordering more in the next few months once we have enough sponsored pavers and bricks for the factory to produce. A minimum of 10 is needed.

40th Anniversary Commemorative Mugs: The mugs are still available at the back of the Cultural Center, and the suggested donation is \$10 each. Please indicate the number of mugs you wish to order and/or any donation you wish to make using the SignUpGenius. Please use this link to order yours today:

<https://www.signupgenius.com/go/30E044CA4AC29A20-40th>

Payment may be made by check or by using the donation options found at the bottom of the SignUpGenius page.



In Case of Emergency: If you are having an extreme medical emergency ONLY and are in need of an Orthodox priest, please call the Parish office at 610-650-8960.

Epistle Reading

The reading is from Paul's Letter to the Ephesians 4:7-13

Let Your mercy, O Lord, be upon us.

Verse: Rejoice greatly in the Lord, O righteous ones.

Brethren, grace was given to each of us according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he led a host of captives, and he gave gifts to men." (in saying, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is he who also ascended far above all the heavens, that he might fill all things.) And his gifts were that some should be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ.

Ἀνάγνωσις ἐπιστολῆς Πρὸς Ἐφεσίους 4:7-13 τὸ ἀνάγνωσμα

*Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς.
Στίχ. Ἀγαλλιᾶσθε, δίκαιοι, ἐν Κυρίῳ.*

Ἀδελφοί, ἐνὶ ἐκάστῳ ἡμῶν ἐδόθη ἡ χάρις κατὰ τὸ μέτρον τῆς δωρεᾶς τοῦ Χριστοῦ. Διὸ λέγει, Ἄναβας εἰς ὕψος ῥηχαλώτευσεν αἰχμαλωσίαν, καὶ ἔδωκεν δόματα τοῖς ἀνθρώποις. Τὸ δέ, Ἀνέβη, τί ἐστὶν εἰ μὴ ὅτι καὶ κατέβη πρῶτον εἰς τὰ κατώτερα μέρη τῆς γῆς; Ὁ καταβάς, αὐτός ἐστιν καὶ ὁ ἀναβάς ὑπὲρ ἅπαντων τῶν οὐρανῶν, ἵνα πληρώσῃ τὰ πάντα. Καὶ αὐτὸς ἔδωκεν τοὺς μὲν ἀποστόλους, τοὺς δὲ προφήτας, τοὺς δὲ εὐαγγελιστάς, τοὺς δὲ ποιμένας καὶ διδασκάλους, πρὸς τὸν καταρτισμὸν τῶν ἁγίων, εἰς ἔργον διακονίας, εἰς οἰκοδομὴν τοῦ σώματος τοῦ Χριστοῦ· μέχρι καταστήσωμεν οἱ πάντες εἰς τὴν ἐνότητα τῆς πίστεως καὶ τῆς ἐπιγνώσεως τοῦ υἱοῦ τοῦ θεοῦ, εἰς ἄνδρα τέλειον, εἰς μέτρον ἡλικίας τοῦ πληρώματος τοῦ Χριστοῦ.

GOSPEL READING

The Gospel According to Matthew 4:12-17

At that time, Jesus heard that John had been arrested, He withdrew into Galilee; and leaving Nazareth He went and dwelt in Capernaum by the sea, in the territory of Zebulun and Naphtali, that what was spoken by the prophet Isaiah might be fulfilled: "The land of Zebulun and the land of Naphtali, toward the sea, across the Jordan, Galilee of the Gentiles, the people who sat in darkness have seen a great light, and for those who sat in the region and shadow of death light has dawned." From that time Jesus began to preach, saying, "Repent, for the kingdom of heaven is at hand."

ΕΒΑΓΓΕΛΙΟΝ

Ἐκ τοῦ Κατὰ Ματθαῖον 4:12-17 Εὐαγγελίου τὸ Ἀνάγνωσμα

Τῷ καιρῷ ἐκείνῳ, ἀκούσας δὲ ὁ Ἰησοῦς ὅτι Ἰωάννης παρεδόθη, ἀνεχώρησεν εἰς τὴν Γαλιλαίαν, καὶ καταλιπὼν τὴν Ναζαρέτ ἐλθὼν κατώκησεν εἰς Καπερναοὺμ τὴν παραθαλασσίαν ἐν ὁρίοις Ζαβουλῶν καὶ Νεφθαλεὶμ, ἵνα πληρωθῇ τὸ ῥηθὲν διὰ Ἡσαΐου τοῦ προφήτου λέγοντος· γῆ Ζαβουλῶν καὶ γῆ Νεφθαλεὶμ, ὁδὸν θαλάσσης, πέραν τοῦ Ἰορδάνου, Γαλιλαία τῶν ἐθνῶν, ὁ λαὸς ὁ καθήμενος ἐν σκότειϊδε φῶς μέγα, καὶ τοῖς καθημένοις ἐν χώρα καὶ σκιᾷ θανάτου φῶς ἀνέτειλεν αὐτοῖς. Ἀπὸ τότε ἤρξατο ὁ Ἰησοῦς κηρῦσσειν καὶ λέγειν· μετανοεῖτε· ἤγγικε γὰρ ἡ βασιλεία τῶν οὐρανῶν.

The Ladies Philoptochos Society has a designated Poor Box in the Narthex to help fund its mission to aid those in need.

Donations made to the Philoptochos Poor Box for the month of January benefits the Jefferson Fire Company No. 1 in West Norriton, the township where St. Sophia resides. Jefferson Fire is primarily a volunteer fire company with only one paid driver on staff. They rely mainly on donations to fund the purchase of new equipment.

You can learn more about the Jefferson Fire Company at <https://jeffersonfireco.com/>.

You may send checks to the church to the attention of Philoptochos/Poor Box Donations or donate at <https://www.saintsophiachurch.org/poorboxdonations.html>

Thank you for your support!



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St. Sophia/Ss Faith, Hope & Agape Vigil Candle: If you are interested in sponsoring a vigil candle, please see a Parish Council member at the Pangari – no advance signup necessary. The proceeds of these donations will go to our Mortgage Reduction Fund. Each vigil candle lasts one week; the asking donation is \$10.

Memorial Service: Today's memorial is being chanted for **Panagiotis & Demetra Zouzoulas (40 days)** of Salamina, Greece, beloved brother and sister-in-law of Zoe (Michael) Nikolaou and Eleni (Nikolaos) Trontsios. May their memory be eternal.

The kolyva is being offered by the Nikolaou and Trontsios Families.

Parish Council Affirmation of Office: Today after the Divine Liturgy, we will have the Swearing-In Ceremony for the new Parish Council.

St. Basil's Academy Fundraising Breakfast: Each year, the local chapters of the National Philoptochos Society hold an event in January to raise funds for the operating expenses of St. Basil's Academy. Please join the Ladies' Philoptochos Society **TODAY** for breakfast in the "New Year"!

Blessing of the Vasilopita: This morning Fr. Peter will bless the Vasilopita in the Cultural Center, followed by the blessing of the food.

Blessing of the Homes at Theophany: If you wish to have your homes and/or businesses blessed, please call or email the Parish office to schedule a visitation.

PanHellenic Scholarship: The PanHellenic Scholarship Foundation will once again offer \$250,000 in scholarship awards to 40 exceptional Greek American undergraduates. Undergraduate students of Hellenic descent from all fifty states are encouraged to apply by January 31st. Applications are available online at <https://www.panhellenicsf.org/>

During the COVID-19 crisis, all Liturgical Services have been available on-line. Simply click on the link below. You do NOT need a Facebook account to access the on-line services.

www.facebook.com/saintsophiachurch

PLEASE keep in mind that our fixed costs are still ever present. We hope you can help us with an on-line donation. You can give by going to our website, www.saintsophiachurch.org and clicking on the "Donate" button.

Donate



You can also donate using Venmo! Just search in Venmo or click www.venmo.com/SaintSophiaChurch

NEW! We also accept Zelle as a form of payment! Through your bank's Zelle system, input treasurer@saintsophiachurch.org as a recipient and you'll be ready to donate to St. Sophia Church.

Stewardship: Thank you to everyone who supported our 2021 Stewardship Program. If you have not yet finished paying your pledge, please do so as soon as possible. In addition, when paying by check, it is imperative that you indicate "Stewardship 2021" or "Stewardship 2022" on the memo line so that your account is properly credited. Also, if you make cash donations, please be sure to include your name either on the outside of the envelope or on a slip of paper attached to the cash.

Should you have any questions, please call the Parish office or see Tom Cox, our stewardship chairperson. The 2022 campaign will be starting shortly, so it is imperative that we are able to finalize our stewardship rolls for last year. Thank you!

Calling All Current Girl Scouts of our Parish: If you would like to sign up to do your own cookie booth during coffee hour, please see and confirm with Presvytera Katherine -- pkstfamily@verizon.net. Cookie sales will take place beginning Sun. Jan. 23rd and ending Sun. March 13th. You will need to set-up & decorate your table, clean up afterwards, and dress in either your GS uniform or a GS shirt. Those who participate must wear a mask when selling cookies indoors. Thank you!



SCHEDULE OF UPCOMING SERVICES AND EVENTS

Sun. Jan. 9 th	St. Sophia Philoptochos - St. Basil Breakfast Fundraiser
Fri. Jan. 14 th	4:45 pm – Little Angels
Fri. Jan. 21 st	March for Life Pilgrimage – Washington D.C. No Little Angels Today
Sat. Jan. 22 nd	HOPE & JOY Kid Mission @ Annunciation, Elkins Park Trivia Nite POSTPONED until May 6, 2022
Fri. Jan. 28 th	4:45 pm – Little Angels

HOPE & JOY Kid Mission: This year’s HOPE & JOY Kid Mission will take place on Saturday, January 22nd at Annunciation G.O. Church in Ellkins Park (flyer enclosed). If you have any questions or if you would like to RSVP, please contact Donna Christou at 908-500-5697 or donnachristou@gmail.com.

Blessing of the Homes at Theophany

If you wish to have your homes and/or businesses blessed by Fr. Peter, please call the Parish Office to schedule a visitation.

Before the Priest Comes to Bless the House

- **To protect everyone in the home, masks must be worn during the blessing.**
- Be prepared (this is a serious sacrament.)
- **Make sure ALL the lights in the house have been turned on, as Epiphany is known as the “Feast of Lights.”**
- Make sure all radios, stereos, TVs, etc. are turned off.
- Have a table where you can place an icon, a lit candle, and a list of names (living and deceased) of those you wish to commemorate.
- When the priest begins to sprinkle the rooms, lead him to the rooms that you wish blessed. This “procession” should include all who are able to walk. Children who are very young may need to be carried (nursing mothers are exempted if the feeding needs to take place immediately.)
- Afterwards, return to the place you started (where the table, icon, etc., are) for the closing prayer and blessing.

2022 Ecclesiastical Calendars: To save the Parish resources, 2022 Church calendars are available for pickup in the Narthex of the church and on the table outside of the Parish office on a first come, first serve basis. **We respectfully request that each stewarding family take only 1 calendar per household.** Thank you!





Project Mexico

Imagine if you didn't have a home, or home was a makeshift shelter constructed from discarded pallets, tin, cardboard, or tarps. Unfortunately, this is the reality for countless families around the world -- including families in Mexico.

By God's grace, volunteers with Project Mexico have been making a difference. Since 1988, Project Mexico has been building safe, secure, and weather-tight homes for some of the most impoverished families in Northern Mexico. Every home is constructed over the course of four days and built entirely with volunteer labor.

Our parish has committed to fielding a group of 10 volunteers to help Project Mexico build a house between June 9th and 15th, and we need your help. So far, 5 people have answered the call. We still need 5 more people to join our team. If you would like to learn more, please chat with John Pogas, the group leader, Presvytera Katherine or Chris Altum.

2022 2022 2022 2022

St. Sophia Philoptochos

St. Basil Breakfast

January 9, 2022

Scrambled Eggs
Breakfast Sausage
Home Fries
Fruit Cup
Coffee - Juice - Milk

ONLY \$10

Proceeds benefit the Saint Basil Academy in Garrison, NY

2022 Hope & Joy Kid Mission

“Heroes of our Church”
& Service Project

Saturday, January 22, 2022

9:30am – 1:00pm

Annunciation Greek Orthodox Church
7921 Old York Road, Elkins Park PA 19027
Lunch and refreshments will be provided.

NOT ALL
HEROES
WEAR
CAPES

*“Heroes may not always fight crime, or wear a cape,
they don’t read minds or levitate,
but every time our world needs saving,
there’s a superhero to the rescue”*

**The St. Sophia Parish has chosen "nurses" as
the heroes we will discuss.**

Please RSPV by January 15, 2022 to
Donna Christou
donnachristou@gmail.com or 908-500-5697

SAVE THE DATE!



Friday, January 21, 2022

Did you know?

- 8 in 10 Americans believe abortion should have real, legal limits
- 2/3 of Americans oppose tax dollars paying for abortion
- Planned Parenthood aborts over 320,000 unborn babies every year
- 56% of Americans believe that healthcare providers should not be forced to perform abortions against their conscience.

Bottom line - every abortion ends a unique life - fully human and unrepeatable – regardless of his/her ability to thrive outside of the womb. The teaching of the Apostles and witness of the Saints through the ages does not try to lighten the sting of what happens in an abortion.

St. Basil writes, “Those who give potions for the destruction of the child conceived in the womb are murderers, as are those who take potions which kill the child.” (Letters, CLXXXVIII, Canon 8)

The voice of Orthodoxy has been a whisper when it comes to this very important cause. We can and must change that! Please join us in Washington, DC on Friday January 21st for the March for Life Rally. **A bus has been chartered and paid for by an anonymous donor.** This FREE event features a live concert and inspiring speeches from pro-life leaders – sharing how to stay involved in the pro-life movement all year long. More importantly, it shows the leaders of our government that we care about life inside and outside the womb. The Rally will begin at 12 pm ET on the National Mall. The bus will be departing the Saint Sophia Parking Lot earlier in the morning.

SEATING IS LIMITED! Please contact John Pogas if you would like to participate in this important ministry -- johnpogas@gmail.com 215-896-1963 (cell)